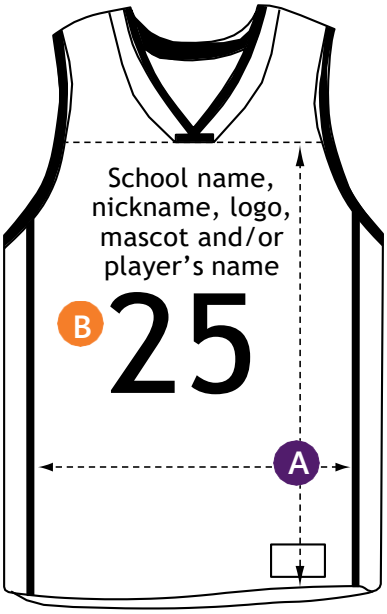
NFHS FIELD HOCKEY UNIFORMS

Front View



A GAME JERSEY

1. Home Team:
   - **Single solid black or dark-colored uniform tops front and back on the torso.**
2. Visiting Team:
   - Single solid white uniform tops front and back on the torso.
3. All jerseys shall be tucked into shorts, unless manufactured to be worn outside.
4. Members of each team shall be dressed uniformly, except the goalkeeper.
5. GOALKEEPER'S shall wear a uniform top of a color or colors contrasting to the color of the uniform tops of both teams, and with a visible number on the front and back.
6. The school's name, nickname, logo, mascot and/or team player's name are permitted on the uniform top and/or bottom.
   - Lettering must be placed horizontally.
   - Letters shall not be closer than 1 inch to any point on any number.
7. There are no restrictions in the area of the jersey/top from an imaginary horizontal line at the base of the neckline extending to each armhole/ sleeve, up to the shoulder seam.
   - Different colors and/or designs may be used in this area.

B FRONT GAME JERSERY NUMBER

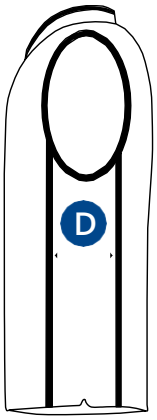
1. Any number from 00 through 99 is legal. A team may not use both numbers 0 and 00. Numbers shall not be duplicated.
2. Numbers on the front shall be 3 to 6 inches in height
3. The numbers shall be of a solid color contrasting to any surrounding colors.

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NFHS FIELD HOCKEY UNIFORMS

Back & Side View





C BACK GAME JERSERY NUMBER

1. Any number from 00 through 99 is legal. A team may not use both numbers 0 and 00. Numbers shall not be duplicated.
2. Numbers shall be 6 to 8 inches in height on the back.
3. The numbers shall be of a solid color contrasting to any surrounding colors.

D TRIM AND INSERTS

1. Trim shall not exceed 1 inch around the neck and arm openings.
2. The style and design of the side insert may be of any color or design.
   - Width of side inserts is a maximum of 4 inches (2 inches on each side of the seam).

E SOCKS

1. Home Team:
   - Solid knee-length white socks/sock guards (not rolled down).
2. Visiting Team:
   - Solid knee-length contrasting dark-colored socks/sock guards (not rolled down).

F BOTTOMS

1. Players may wear full length, solid-colored warm-up pants/tights provided the knee-length socks/sock guards are visible. If worn, all players must wear the same color.
2. Any undergarment that extends below the team uniform shall be the same color.
3. All players on a team shall wear the same color compression shorts.

G UNDERGARMENTS

1. If worn, undershirts shall be white for the visiting team and black or darkcolor for the home team.
2. All players on the same team who choose to wear an undershirt must wear the same color.

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HEAD COVERINGS

1. Knitted hats and soft headgear are permitted.
2. GOALKEEPER'S shall wear a full face/cage mask-helmet which covers the entire head including the back of the head (cage must be rounded at all points).
   - Mask helmets shall not have a hard, visor-type protrusion which extends beyond the cage.
3. Medical required head coverings must be approved by state association.
4. Head coverings worn for religious reasons are not considered hair devices. Must be made of non-abrasive, soft materials and must fit securely.

MISCELLANEOUS

1. Manufacturer's logo may not exceed 2¼ square inches or exceed 2¼ inches in any dimension.
2. American flag may not exceed 2 inches by 3 inches.
3. By state association adoption, commemorative or memorial patches placed on the jersey may not exceed 4 square inches.
4. Any form of decorative accent (i.e. paw, halo, crown, star, etc.) in a name or abbreviation is only permitted above the number.
5. Mittens/gloves are permitted.

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