

Summit Schedule



National Student Leadership Summit

The Alexander Hotel, Indianapolis, Indiana

July 22 – 25, 2024

Daily Hotel Shuttle and Ground Transportation to Airport Instructions

Daily Shuttle Schedule and Wristbands

Upon arriving to Indianapolis, each ambassador will be assigned a unique colored wristband that allows access to the shuttle and coordinates to the hotel they will be sleeping in (Hampton Inn – white, Hyatt Place – blue, The Alexander – red). It will be placed on your left wrist and remains on until the summit is concluded. The daily shuttle transportation will pick up the ambassadors in front of their respective hotel 20 minutes before the assigned start time of an activity at The Alexander.

Departures on July 25th and Beyond

If you are traveling home on July 25th, when the hotel shuttle picks you up on the Thursday morning please have your luggage with you because you will travel to the airport from The Alexander Hotel. There will be shuttles and other vehicles available in the front of the hotel for your convenience.



NFHS National Student Leadership Summit

Adult Ambassador Expectations

Adult ambassadors must participate in all conference sessions and make sure that the student ambassadors do the same. You will have an important supervisory presence throughout the four days. Please monitor the conduct of your student ambassadors in the hotels, The Children's Museum and during the Unified Event at Plainfield High School. When needed or appropriate, please serve as a liaison between the students, college/adult facilitators and conference staff. **Students are to sleep in rooms to which they have been assigned in each respective hotel. Visiting a room assigned to the opposite gender is not permitted.** You will be asked to conduct bed checks to ensure that your student ambassadors are in their assigned rooms by the announced curfew each night.

Safety/Supervision

Approximately 125 college facilitators, adult ambassadors and conference staff will serve as advisors and chaperons as they oversee the student ambassadors from their respective states. These staff members will reside in each the hotels and will be available to help the students with any questions or concerns they might have during the four days. Hotel security will also be available 24 hours a day for any safety and security needs. In addition, members of the Indianapolis Metropolitan Police Department (IMPDP) will be on site at The Alexander the evening of July 24th during the dinner/dance.

Certified Athletic Trainers

A certified athletic trainer will be on site at each hotel property throughout the conference. The trainer station will be located in the Leadership Lounge at The Alexander Hotel (Market Table/City Way Gallery, 1st Floor) during the day at The Alexander Hotel.

Code of Conduct/Conference Policies

Participants are expected to act in a responsible manner that will reflect well on themselves, their schools, their state associations and the NFHS Student Leadership Summit. Participants are expected to respect the facilities, each other and themselves while following the rules of the summit. Cell phones must be put away and set to silent during conference sessions unless otherwise instructed. The use of alcohol, tobacco and drugs is strictly prohibited. Participants are not permitted to leave the hotel without an adult. Participants who violate any of the conference policies will be asked to leave immediately at their own expense and without a refund. A list of participation expectations, responsibilities and other important items to remember are included below for reference.

Points of Emphasis

- Wear the NSLS name badges and wrist bands at all times during the summit. Those not wearing the name badges will be challenged by summit staff, NFHS staff, hotel staff, security staff, IMPD.
- Encourage the students to participate in their sessions and think about the best way to implement what they learned back at their schools.
- Serve as a liaison with the summit "expert" staff, hosts and hostesses,
- Follow all NSLS ground rules (including leaving all facilities in as good or better condition than when they arrived).
- Facilitate and support actionable effort of the student ambassadors to accomplish the state's/province's action plan and further develop the student leadership initiative.
- Be respectful of, able and willing to work with students of diverse backgrounds (such as race, cultural, socio-economic levels, academic achievement levels, physical, emotional and mental challenges).
- Be willing to make a commitment to the NFHS qualities and behaviors expressed in the way the NSLS is conducted. Those beliefs are respect for self and others, positive values, personal accountability, perspective, sportsmanship, teamwork, healthy lifestyles, servant leadership and self-evaluation.
- Carry oneself as a positive role model for fellow adult ambassadors.
- Be willing to commit the time and effort to accomplish the summit tasks, including the above-mentioned expectations.
- Possess a sincere interest and desire to help others.
- Adhere to all summit expectations. In the event of a violation, parents/guardians of a student ambassador will be notified, and the student will be sent home. All expenses incurred will be the responsibility of the parent/guardian.
- Be early to all sessions. Make sure you arrive to each session before it starts, not after the facilitators have started their instructions.
- Cell phones must be put away and set to silent during summit sessions unless otherwise instructed.
- Do not allow student ambassadors to leave the hotels without adult accompaniment.
- You should always be mindful not to be alone with a student unless you are in the presence of another adult.
- Do not use tobacco, alcohol or other drugs. All prescribed medications must be on file with the summit trainer.
- Wear appropriate clothing that your school would approve. No hats inside, no sagging pants, no bare midriffs, no clothing that promotes tobacco, alcohol or drug use, or other negative behaviors.
- Respect the summit curfews.
- Your presence at this summit is a privilege. You were chosen out of many student and adult applicants and have a responsibility to participate as fully as you can, to learn and share ideas, and to take action when you return home. We will support you!

Emergency Contact Information

NFHS Summit Director:
B. Elliot Hopkins 317-902-1369

Athletic Trainers:

Renee Milos	(Hampton Inn)	917-754-2640
Josh Horner	(Hyatt Place)	513-373-2698
Fran Stephenson	(The Alexander)	317-667-3127

NFHS National Student Leadership Summit (NSLS) Expectations

- Be on time (in fact be early).
- Be respectful of your fellow (student and adult) ambassadors, NFHS staff, experts, hotel staffs and other hotel patrons.
- Be engaged.
- Ask questions – the more effort you put out the more benefits you receive.
- Challenge the content experts (and be prepared to be challenged). Make them teach you so you can bring that knowledge back home to your school and community.
- Be proud that you were selected to attend this summit.
- Being selected for this summit is a tremendous privilege and honor. Not everyone who applied was selected. You were chosen because of who you are and what you stand for. You represent the “best of the best” from your high school and state.
- Have fun!!!!!!



NSLS Schedule

Monday, July 22, 2024

- 4:00 p.m. – 6:00 p.m.Summit Registration for Summit Ambassadors
- 6:00 p.m. – 7:00 p.m.Dinner
- 7:30 p.m. – 9:00 p.m.NFHS Student Advisory Council Connections/Rhythm in Leadership
- 9:00 p.m. – 11:00 p.m.Leadership Lounge open

Tuesday, July 23, 2024

- 7:00 a.m. – 8:00 a.m.Breakfast
- 8:00 a.m. – 9:00 a.m.Late Registration
- 9:15 a.m. – 9:45 a.m.Opening Ceremony, Summit Objectives, Expectations and Directions
- 9:45 a.m. – 10:15 a.m.Opening General Session Speaker
- 10:30 a.m. – 11:45 a.m.Student Ambassador Session 1
Adult Ambassador Session 1 (Summit Q & A, Objectives and Expectations)
- 11:45 a.m. – 12:30 p.m.Lunch
- 12:45 p.m. – 1:15 p.m.State Meeting #1
- 1:30 p.m. – 2:45 p.m.Student Ambassador Session 2
Adult Ambassador Session 2
- 3:00 p.m. – 4:15 p.m.Student Ambassador Session 3
- 4:30 p.m. – 5:45 p.m.Student Ambassador Session 4
Adult Ambassador Session 4
- 6:00 p.m. – 7:00 p.m.Dinner
- 7:30 p.m. – 9:00 p.m.NFHS Student Advisory Council Connections/Rhythm in Leadership
- 9:00 p.m. – 11:00 p.m.Leadership Lounge open

Wednesday, July 24, 2024

- 7:00 a.m. – 8:00 a.m.Breakfast
- 8:00 a.m. – 10:00 a.m.National Student Advisory Council Activity
- 10:20 a.m.Load buses
- 10:30 a.m. – 1:30 p.m.Children’s Museum of Indianapolis
- 12:30 p.m. – 1:30 p.m.Lunch at Children’s Museum
- 1:30 p.m. – 2:30 p.m.Group photo, load buses, travel to Plainfield HS
- 3:00 p.m. – 5:00 p.m.Unified Sports Engagement
- 5:00 p.m. – 6:00 p.m.Pizza party and gift exchange
- 6:15 p.m. – 7:15 p.m.College Student Panel Discussion
- 6:30 p.m. – 7:00 p.m.Return to the hotel (free time to prepare for mandatory panel discussion)
- 7:30 p.m. – 8:30 p.m.College Host/Hostess Panel Discussion with Student Ambassadors
- 7:45 p.m.Return Ambassadors to hotels
- 8:45 p.m.Shuttles pick up Ambassadors and return to the Alexander Hotel
- 9:00 p.m. – 12:00 a.m.Dance (Finger food, refreshments and sundae bar) (Leadership Lounge is open until 12:00 a.m.)

Thursday, July 25, 2024

- 7:00 a.m. – 8:00 a.m.Breakfast
- 8:15 a.m. – 9:45 a.m.Closing General Session (Leadership Lounge open 7:00 a.m. – 12:00 noon)



Group Rotation Schedule

	Group 100	Group 200	Group 300	Group 400	Group 500
Session 1 Tuesday, July 23 10:30 a.m. – 11:45 a.m.	Alexander I Ballroom (2nd floor)	Fletcher Place I & II (2nd floor)	NFHS Network Outdoor Cafeteria (1st floor)	Renaissance I & II (2nd floor)	Market Table (1st floor)

Session 2 Tuesday, July 23 1:30 p.m. – 2:45 p.m.	Fletcher Place I & II (2nd floor)	NFHS Network Outdoor Cafeteria (1st floor)	Renaissance I & II (2nd floor)	Alexander I Ballroom (2nd floor)	Market Table (1st floor)
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Session 3 Tuesday, July 23 3:00 p.m. – 4:15 p.m.	NFHS Network Outdoor Cafeteria (1st floor)	Renaissance I & II (2nd floor)	Alexander I Ballroom (2nd floor)	Fletcher Place I & II (2nd floor)	Adults Pick a Student Session to Attend
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Session 4 Tuesday, July 23 4:30 p.m. – 5:45 p.m.	Renaissance I & II (2nd floor)	Alexander I Ballroom (2nd floor)	Fletcher Place I & II (2nd floor)	NFHS Network Outdoor Cafeteria (1st floor)	Market Table (1st floor)
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Speakers

Our Expert Content Speakers

Heart and Mind Protection



Khatdija Meghjani is a Dear World storyteller based in Atlanta, Georgia. Her journey, spanning management consulting and community building, is dedicated to infusing humanity into the corporate world and fostering authentic connections.

Before her storytelling role at Dear World, Khatdija excelled as a management consultant at prestigious firms like BCG and World 50. Her deep grasp of global business challenges drives her mission to restore humanity to human resources.

At Dear World, Khatdija leverages innovative methodologies to create compelling narratives. Her ultimate goal is to cultivate spaces where all can flourish. She's collaborated with esteemed companies such as Accenture, Avantor Sciences, Eppendorf, Guardian Health, Global Nexus, U.S. Department of Interior, and Walmart India.

Contact information: khatdija@m2kmconsulting.com

Healthy Relationships



Nazmie Ojeda, Director of Education & Community Engagement at Safe Futures. She has worked for Safe Futures for over ten years starting as Bilingual Counselor/Advocate (Spanish), then working in the Shelter for several years in a supervisory role before being promoted to Associate Director of Residential Programs and Counseling Services, then Director of Counseling Services and Community Engagement before her present position. She has a Bachelors in English Literature & Women's Studies and is a certified trainer in Restorative Practices. She is an agency representative on numerous statewide and community coalitions/networks including being a member of the Leadership Eastern Connecticut Program Class 2024 along with being Co-Chair of Safe Futures DEI Team.

Contact information: NOjeda@safefuturesct.org

Being a Better Communicator



Leslie Barnes joined the Duke University staff in July of 2006 and currently serves as Associate Director of Athletics for Student-Athlete Development. The Duke Athletics Student-Athlete Development program creates safe spaces that foster belonging and provide opportunities for education and growth. Through personal, leadership and career development, as well as service initiatives and opportunities, Blue Devil student-athletes are empowered to be inclusive difference makers and positive influences as they pursue success at Duke and beyond.

Barnes, who was Duke's Director of Student-Athlete Development from 2006 to 2011 before being promoted to her current position, came to Durham after spending four years as life skills coordinator at The Ohio State University.

In July of 2018, Barnes was named to the newly-created Integrative Performance Excellence Group, a unit comprised of directors in the areas of Sports Performance, Athletic Medicine, Sports Nutrition and Behavioral Health, as well as individuals representing psychological services, team physicians and primary care physicians. The goal of this working group is to enhance the experience of Duke student-athletes by providing an integrative approach to the care of each individual athlete throughout his or her collegiate career while continuing to cultivate partnerships with the Duke University Hospital, Duke Sports Science Institute, Duke Student Health and Duke Counseling and Psychological Services (CAPS) as part of its holistic approach to student-athlete health. In addition, Barnes currently serves as the senior sports administrator for the Duke Women's Tennis program.

Barnes previously was the coordinator of life skills for four years Ohio State. In addition, she has served as life skills coordinator/academic counselor at Utah State University, academic-athletic advisor/coordinator student-athlete recognition at Arizona State University and assistant academic counselor/intern at the University of Nebraska-Lincoln. She earned her bachelor's degree in from Nebraska Wesleyan in 1996 and competed as a tennis student-athlete. She received her master's from Springfield College in 1998.

Contact information: leslie.barnes@duke.edu

Social Media Responsibility and Personal Branding



Omari Pearson is quickly becoming a sought-after leader in education-driven life skills and development. As an author, speaker, facilitator, mentor and consultant to high schools, colleges, universities and multi-national corporations, he seeks to provide hands-on experiences with young people to assist them in creating a road map to success. He is the president and founder of Passion To Purpose, LLC, an education-based life skills company equipping young people with the necessary knowledge, skills and tools to empower them to be effective, accountable and productive members of the global society. Omari shares his life experiences as a high school, college and professional athlete.

Contact information: olpearson@passtopurpose.com

Rhythm in Leadership



Anne Fennell is the President of the California Music Educators Association and the K-12 Music Program Manager for the San Diego Unified School District in San Diego, CA. She holds a bachelor's degree in music education, a Master of Arts in Leadership Studies, a preliminary California Administrative Credential, Orff-Schulwerk certification for levels I, II, and III and has additional training and certifications in global music studies, conflict resolution, character education, learner-centered/personalized learning, Gifted and Talented Education, and Cross-Cultural Language and Academic Development. Her experiences include 4+ years as an arts administrator/supervisor and 32 years as a music educator teaching Kindergarten through Grade 12 music education, integrated arts and music, leading performance ensembles in civic and professional organizations and national conferences, including the annual NAMM Board of Directors meeting (2013 & 2016), and teaching three levels of both steel drum ensembles and music composition through technology, grades 9-12. Her ensembles have been featured in both InTune Monthly and NAFME's Teaching Music magazines.

As the K-12 Music Program Manager for San Diego Unified School District, she directly supervises and evaluates 33 elementary music educators who provide music education to the 4th and 5th-grade students at 120 elementary schools. She was hired to develop a team of teachers, input standards-based learning and teaching, unify best professional and educational practices, ensure that all students are receiving a high-quality music education, and create systems and procedures to monitor and distribute the 2-million-dollar instrument inventory. As a supervisor, she holds

monthly staff meetings providing timely and relevant information and professional learning, and works with the teachers to implement the school board directives. She has built relationships with all music teachers and administrators and communicates easily with site principals across 165 schools to assist in hiring and providing support for secondary music teachers through professional learning and necessary coaching. Anne also organizes and coordinates 6 district-wide honor ensembles and special performances, placing students in world-class venues such as The Rady Shell and the San Diego Civic Theatre. Additionally, Ms. Fennell is the Visual and Performing Arts Department Content Area Lead and attends weekly meetings with all other academic subjects to align outcomes for both elementary and secondary programs.

Contact information: annefennell@mac.com

General Session Speakers

Khatdija Meghjani



Khatdija Meghjani is a Dear World storyteller based in Atlanta, Georgia. Her journey, spanning management consulting and community building, is dedicated to infusing humanity into the corporate world and fostering authentic connections.

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Contact information: khatdija@m2kmconsulting.com

Relationship Building and Maintenance



Deb Hult, co-founder of Core Trainings, is a nationally recognized presenter in Relational and Motivational Leadership. With her contagious, positive, intuitive and authentic attitude, Deb has been enhancing and empowering thousands of adults and students in schools across the country for the past eight years. As a trainer and speaker, Deb takes the lead with dynamic hands-on workshops such as “Leadership for Ladies,” “Student to Student” Mentoring Programs, Administrative Team Training, Civility Training, Leadership Academies and Camps at middle schools, high schools, administration offices and colleges. In addition to the various workshops and seminars, Deb is contracted regularly with many schools in several states to monitor and coach programs that she has successfully implemented on various campuses. Deb was a three-sport athlete in high school and furthered her education in business at Burdett School of Boston, Massachusetts.

Contact information: debhult@comcast.net



More Scenes From Previous Student Leadership Events



National Federation of State High School Associations
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