

# Dealing with Turnover While Coaching Coaches To be Educational Leaders in International Schools

**NIAAA Workshops Sunday December 17th** 

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## **Course Description**

Managing Increased Workload Expectations for the International School Athletic Administrator

This workshop is designed to provide the international school athletic administrator with the knowledge regarding the management of coaches turnover while "coaching the coaches".

It will also provide guidelines and best practices for establishing management skills, backend tips and tricks, and well being tips



# Agenda

Welcome and Introduction

Part One – Understanding & Managing Turnover

Part Two – Developing Educational Leaders



# Acknowledgement and Origins

- Workshop Authors: Turner Neal and Scott Hibbard
- Thank you to the NIAAA
- Thank you to the NIAAA International AD committee



Part One: Understanding the Nature of Turnover



## Coaching turnover is \_\_\_\_\_

- Inevitable
- Challenging
- A time suck
- An opportunity for positive change



## Types of Turnover

- Voluntary Turnover: Resignation, retirement, career change
- Involuntary Turnover: Dismissal, non-renewal of contracts
- Internal vs. External Turnover: School Employees vs. Outside Coaches
- Leaving the school vs. Staying at the school



#### Factors Influencing Voluntary Turnover

- International schools have relatively high rates of staff turnover (3-5 years on average)
- Personal reasons (family, health, etc)
- Culture
- Difficulty of the position
- General dissatisfaction



#### Turn & Talk #1

- Small groups of 2-3. One minute each.
- What would voluntarily departing coaches list as their top factors for leaving?
- Which of these factors can you influence? (Staying vs. Leaving?)
- How might you influence those factors?
- Did you hear a great idea? Group share!



## Factors Influencing Involuntary Turnover

- Student Safeguarding Issues or Concerns
- Lack of Alignment with School Values
- Economic and Other Market Factors
- Performance and Pressure from Parents/Students/Community



#### Turn & Talk #2

- Small groups of 2-3. One minute each.
- What are the main factors that led you to make a coaching change?
- Could it have been avoided or prevented?
- How? What might you do differently next time?
- Did you hear a great idea? Group share!



#### Strategies for Managing Turnover

- Effective Communication and Leadership
- Identifying and Developing New Coaches
- Pro Development (Courses, Mentor Program, Trip Chaperone)
- Best Practices for Onboarding and Offboarding Coaches
- Identify and Address Root Causes



#### Turn & Talk #3

- What tips or tricks can you share?
- Will you commit to trying something new that you heard today?
- What are walking away with?
- Did you hear a great idea? Group share!



Part Two: Coaching Coaches to be Educational Leaders



# Balancing Workload & Expectations

Provide resources to help workload

Set realistic expectations

Support to combat "burnout"



#### Cultivate a Growth Mindset

Emphasize Growth over Fixed Mindset

Work to foster adaptability and resilience

Challenges = Opportunities (Blips and Flips)



# **Empowering Coaches to be Leaders**

Encourage leadership roles outside of their coaching

Involvement in school-wide initiatives

Student-athlete support programs (Study Halls, Fitness Programs)



# Building a Strong Network

Encourage coaches to build connections

Attend conferences, clinics, PD opportunities

Participate in Collaborative Projects (NIAAA)



## Thank You!

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