NFHS Future Year Rule Changes

BASKETBALL	Effective 2024-25, Rule 3-4-3e (2) will be removed no longer allowing the uniform number to conform to team jersey color itself when bordered with not more than two ¼-inch solid border(s) contrasting with the team jersey color. (Page 25)
FOOTBALL	Effective 2024 season, the entire body of the number (the continuous horizontal bars and vertical strokes) shall be a single solid color that clearly contrasts with the body color of the jersey. (1-5, page 19)
B. LACROSSE	Effective January 1, 2027, uniform numbers shall be a solid contrasting color
G. LACROSSE	Effective January 1, 2025, all eyewear must bear the SEI mark for certification. (Rule 2-7-2, page 20) Effective January 1, 2027, the only allowable references above the number on the front and/or back of the team jersey will be the school's name, nickname, logo, mascot and/or team member's name.
SOFTBALL	Softball specifications shown in Table 1-1, are currently permissible and will be required January 1, 2025, for high school competition. Balls manufactured with the current specifications will be permitted for use through 2024.
SWIMMING AND DIVING	Recommendations for pools constructed or renovated after January 1, 2023, for pool construction specifications (2-3-1) and pool markings (2-4-2, Table 2-1).
TRACK AND FIELD	Tracks constructed after January 2024 shall be at least 400-meters and not more than 400.08 meters. Long Jump pits constructed after 2019 shall be at least 23 feet (7 meters) in length.
VOLLEYBALL	Effective July 1, 2028, numbers with a leading zero are not legal (01, 02, etc.)