# **CULTURE MATTERS**

An in depth look into building, growing and sustaining a positive culture in your department

53rd National Athletic Directors Conference December 12, 2022 1:30 p.m.

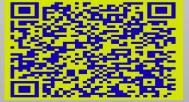
## Denny Ziegler, CAA

Strongsville High School, OH @scsmustangs









## Richie Wildenhaus, CAA

New Albany-Plain Local Schools, OH @napls athletics



# Denny Ziegler, CAA

Certified Athletic Administrator

MPM certified- Mental Performance Mastery (certified in mentoring athletes, coaches and athletic director's in sports psychology and mental peak performance)

Current Athletic Director at Strongsville High School, Strongsville, OH (Division 1 school of roughly 2,000 students; 1100 Athletes and over 150 coaches and staff)

Helped lead School to first State Championship in over 10 years in 2020

Member of the NIAAA Publications Committee

Athletic Director at the High School and College level (9 years exp.)

Served as Greater Cleveland Conference President 2019-2020

Coached collegiately prior to stepping into administration



# Richie Wildenhaus, CAA

Certified Athletic Administrator

Director of Athletics; New Albany-Plain Local Schools in New Albany, OH for the past 7 years

Athletic Administrator in Colorado for 7 years

Leads a department of 1200 student-athletes and 165 coaches

Serves on the NADC Planning Committee for the NIAAA

Adjunct Faculty at Ohio Dominican University (Sport Administration)







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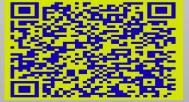
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# **Session Takeaways**

Identify your culture...Do you truly know what your culture is?

Understand the 4 main building blocks to building a positive culture in your department

Identify different strategies that help lead to a better culture





# Your Ideal Culture?





4 Building Blocks to a Positive Culture

Culture

Promoting Culture

Strategies

Values

*Implementing* Culture

**Establishing Culture** 





Values

#### EVERYONE HAS A ROLE IN THE CULTURE

- Athletes
- Coaches
- Parents
- Admin
- Staff
- Students

EVERYONE MUST OWN THEIR SQUARE FEET OF THE CULTURE (20 square feet)

MUST HAVE "BUY-IN" FROM EVERYONE

QUOTE: "What you permit, you promote! Promote the culture you want."





Values

Who We Are

Are they measurable?

Are they observable?



Are they in line with the schools mission?

Are they universal?





What We Do

## **MODEL MUSTANG**

INNOVATIVE · Identifies and evaluates solutions to problems · Learns from experimentation . Thinks flexibly · Sees uncertainties as opportunities · Pursues imaginative and creative solutions RESILIENT Overcomes personal/academic barriers to meet goals · Persists to accomplish difficult tasks. . Learns from mistakes and failures · Resolves conflict peacefully · Responds in a disciplined way COLLABORATIVE Values individual contributions and teamwork. · Listens actively · Communicates effectively · Gives and receives feedback . Works with others to accomplish a goal GLOBAL · Demonstrates service to both local and larger community · Acts with empathy and compassion · Seeks cultural understanding . Embraces diversity · Makes safe, legal, and ethical choices **EMPOWERED** · Develops and implements ideas Analyzes problems and outcomes Asks questions Speaks and writes clearly . Takes personal responsibility for learning and growth

**Values** 





## The Eagle Way



## VALUES - BEHAVIORS - OUTCOMES

### The Eagle Way....

Achieve, Serve, Grow, and Lead

**Be Exceptional** 

VALUES	BEHAVIORS	OUTCOMES
Rise Up & Own It	Be present, responsible, and own your work. Act with purpose and pride. Choose to do the right thing.	Accountability at school, at home, in the community and in life.
Stronger Together	Care, listen, and communicate.     Make each other better.     Respect differences.	Safe, supportive and connected.
Better Every Day	Give your best effort. Get focused and stay focused. Persevere.	Better tomorrow than today.

**Values** 

**Values** 



know your inner circle

#### 

# Personal Responsibility In Daily Excellence

MUSTANGS	(Strongsville Athletic Coaches Standards)		
MISSION	Train to be a MODEL MUSTANG		
MOTTO	HAVE P.R.I.D.E- Personal Responsibility In Daily Excellence		
VISION	Be the model program in NE Ohio and the State; Grow Multi sport athletes; Win Conference Championships, Win State Championships		
PRINCIPLES	<ul> <li>CONTROL YOUR "R"- Press Pause; know your environment; know who is always watching; Don't Blame Others</li> <li>W.I.N THE MOMENT- What's Important Now- Body Language, Focus, Self-Talk; Effort; Professionalism; Language</li> <li>CONTINUE THE EXCELLENCE- Earn your reputation; Earn everything; Be accountable for all your actions in and out of the program</li> <li>COURAGEOUS CHOICES- Leave your EGO at the Door; Be Vulnerable; Doing what is Right and Doing what is best for the program</li> <li>RELENTLESS COMMITMENT- Year round Program; Embedded with youth; Learn from Others; Collaborate; Share athletes</li> <li>*Developed 2/2/22</li> </ul>		
IN SPORT	Be coachable and accept constructive criticism as a compliment Execute early work and have consistent daily routines Always a plan-Have detailed plans for all practices and games Act different than how you feel, Never show weakness or make excuses You DO NOT FEEL CONFIDENT, YOU DO CONFIDENCE BFS- BODY LANGUAGE, FOCUS AND SELF-TALK	<ul> <li>Pay attention to execution of details</li> <li>Play one play at a time with BIG body language at all times</li> <li>Communication on each play on the field, play loud</li> <li>Hold yourself and others to a standard and admit when you fall from that standard</li> <li>Focus on the Process; Measure practices and games; find the measurables</li> </ul>	
IN SCHOOL	<ul> <li>Go to class on time, everyday, turn phone off and sit in the front</li> <li>Turn in all my homework assignments on time</li> <li>All on one team; support each other in good and bad times; ownership</li> <li>Never complain about being given work</li> </ul>	Communicate with my teachers and develop a relationship with them Do my own work at all times, my integrity is more important than grades You are the average of the 5 people you hang around with most; Keep your inner circle small	
IN COMMUNITY	<ul> <li>Only positives with social media it's a reflection of the programs</li> <li>Be a role model for others and know I represent SHS at all times</li> <li>Participate at volunteer events, to whom much is given much is expected</li> <li>Earn your reputation at all times away from school and with your friends;</li> </ul>	Walk away from negative situations, stay in control of myself at all times  Set-up an accountability partner at least once a week  Maintain eye contact in communication  Go out of your way to smile at everyone you cross paths with everyday	





## **Establishing Standards/Norms**

Values

- 1. Communication
- 2. Fundraising
- 3. Final Forms
- 4. Vertical Alignment
- 5. Process-Based Practices
- 6. Academic Tracking/Progress
- 7. Year Round Programs
- 8. Professionalism
- 9. Service Hours
- 10. Multi-Sport Student-Athletes



Internal Competition/FUN





Values

## Who We Are

Are they measurable?
Create a Scorecard

Are they observable?

ATHLETIC T.B.T (STANDARDS) Are they in line with the schools mission?

Explaining the Why

Are they universal?





What We Do

# Implementing Culture

Strategies

### Implementing your Culture into behaviors

- 1. Live It
- 2. Teach It
- 3. Reward It
- 4. Supervise It
- 5. Let people go based on it

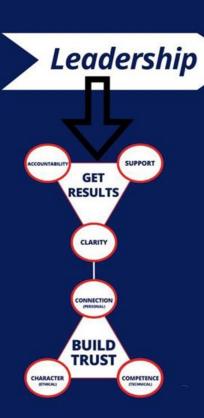
### Performance Pathway

- E+R=O mindset
- Behavior





## THE PERFORMANCE PATHWAY









Mission Vision

CORE PRINCIPLES E+R=O

ABOVE THE LINE
DISCIPLINE/PRINCIPLE DRIVEN BEHAVIOR

**E+R=0.** Your R Must Be ABOVE THE LINE

DEFAULT/PREFERENCE DRIVEN BEHAVIOR BELOW THE LINE



Values





The "b" team may be talented, but talent alone is not enough.







**Values** 

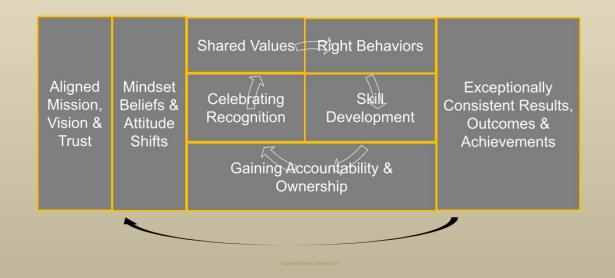






#### Values

## **Building Exceptional Culture** Reference Model







# WHY IS BUILDING AND SUSTAINING POSITIVE CULTURE HARD

You are changing other people's behavior

**Turnover in staff** 

Ego's

Give and Take (compromise)

**Starts with Leadership** 





# Barriers to Establishing Ideal Culture?





# **Promoting Your Culture**

### Brand and Market your culture

Social Media, Website, Signage, Letterhead, T-Shirts, Local paper

### Book Studies/Podcasts

- Good To Great. Jim Collins
- What Drives Winning? Brett Ledbetter
- The Energy Bus Jon Gordon
- What Drives Winning? Randy Jackson
- Raise Your Game Alan Stein Jr.

Weekly Reports/Newsletters/Athletic Council

Reports at BOE Meetings





Climate

3-Sport Athlete Club

Letterman's Club

Athlete of the Week/Month (Finding Sponsors)

Recognizing Lower level athletes

(Program practice players of the day/week/month)

Use your website and social media platforms!









#### BASKETBALL

The Basketball teams have been quiet with some Northeast Ohio teams postponing Athletics until December 17th. The Boys basketball team will kick off its season hopefully on December 12th when they travel to Canton South.

The Varsity Girls Basketball team currently sits at 1-1. The team lost to Laurel 66-61 to begin the season and then defeated GCC opponent Brunswick 89-49.

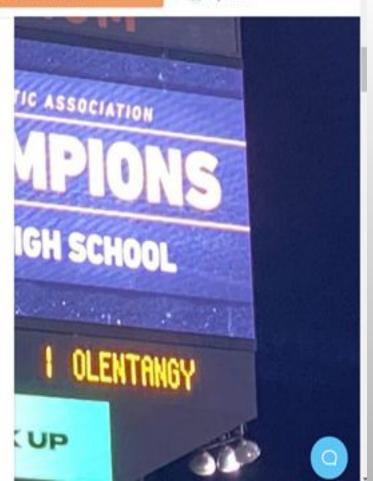
The Girls Freshman team currently sits at 1-2. The girls lost an opening night game to a good Westlake tearn and then were defeated by Brunswick. The ladies were able to rebound to defeat Mayfield over the weekend. They will be back in action on the 12th when they travel to Brunswick.

The Girls JV basketball team currently sits at 1-1. The girls lost to Brunswick, but were able to get a victory over Mayfield this past weekend.

#### SWIMMING AND DIVING

The Swimming and Diving teams open their season this past week when they hosted Medina and Brunswick. The teams both picked up where they left off last season before COVID-19 halted their seasons. The girls team defeated both Medina and Brunswick by scores of:

Strongsville - 203









VIDEOS

SHOP

MORE V





ABOVE AND BEYOND

The Mustangs athletic department has partnered with Jersey Mike's to recognize student athletes who go above and beyond in the classroom and on the athletic playing field. Coaches nominate athletes and then a committee comprised of administration and high school coaches determine who is selected each week. This week's participants come from the Girl's Soccer and the Boy's Cross-country. program

Girl's Above and Beyond recipient for the Week of September 21- September 26th is:

Shelby Sallee (Senior) Shelby Sallee, a Xavier University commit, has had a tremendous first half of the season. She leads the team with 16 goals and 2 assists in 9 games. This includes massive goals in victories against ranked opponents Anthony Wayne, Ashland, and Amherst. Shelby also scored all 4 goals in a 4-0 shutout of GCC rival Solon. She is on pace to break the 20 goal mark for the second straight season and has a chance to enter the top 5 in career goals scored for the Mustangs. An efite list that includes the program's greats.

Boy's Above and Beyond recipient for the Week of September 21-September 26th is:

Charlie Lin (Senior) Cross Country runner Charlie Lin is quite a story representing Strongsville High







































SPRING ~ ACTIVITIES ~

CALENDAR

Sports Medicine Forms, Information NATIONWIDE and Articles CHILDREN'S LEARN MORE >





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GIRLS VARSITY TENNIS - NOV 7

#### Girls Tennis Receives Clair Muscaro Sportsmanship Award

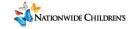


In addition to an undefeated conference championship, district championship, and third place finish in the state at the OTCA Team Final Four, Head Coach Marc Thomas and the Girl's Tennis team have also received the 2022 Clair Muscaro Sportsmanship Award from the OHSAA/OTCA.

Over the past decade, the New Albany tennis program has proven to one of the most respected programs in the state, not only for their on-court performance, but for how they represent their school and community. The Eagles continue to distinguish themselves, competing with the best teams in Ohio while demonstrating character, integrity, and commitment to doing things the right way both on and off the court. The boy's tennis team won the same award in 2017 making New Albany one of the few schools to have both programs honored in such a way.

Great job, Eagles!

There's only one sports medicine and orthopedic leader for student-athletes.



#### UPCOMING EVENTS

Girls JV-B Basketball vs. Bishop Watterson High School 29

4:30 pm

Girls 8th Basketball vs. Hilliard Heritage Middle School Flex Team

> Flex Game- 7th/8th Grade 5:30 pm

Girls 7th Basketball vs. Hilliard Heritage Middle School Flex Team

Flex Game- 7th/8th Grade

5:30 pm











WINTER V SPRING V ACTIVITIES V PHOTOS

WATCH CALENDAR









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MULTIPLE TEAMS - NOV 18

NA Basketball's "Community Maroon and Gold Night"



Join the New Albany Boys and Girls Basketball teams for the 2nd Annual Community Maroon and Gold Night this Saturday, November 19, 2022 in the NAHS Gymnasium.

Admission: Canned Food Item - Donated to New Albany Food Pantry

New Albany Boys Basketball 2nd Annual Community Maroon & Gold Night



There's only one sports medicine and orthopedic leader for student-athletes.





29

Girls JV-B Basketball vs. Bishop Watterson High School

4:30 pm

Girls 8th Basketball vs. Hilliard Heritage Middle School Flex Team

Flex Game- 7th/8th Grade 5:30 pm

Girls 7th Basketball vs. Hilliard Heritage Middle School Flex Team

Flex Game-7th/8th Grade

5-20 nm





# **Promoting Your Culture**

Climate



### **FINISH**

-Faith/Family

-Integrity

-Nobility

-Initiative

-Sacrifice

-Humility





## **Driving Your Culture Forward**

Responsibility

### Provide Professional Development

- Bring it in house, don't just offer it
- Modify staff meeting agendas

### **Evaluation Process**

- Are the expectations measurable
- Self Evaluations- They are important
- End of Season Student Evals
- Face to Face End of Season Meetings with Athletes
- What is important to you?
- Are there specific artifacts that represent your culture (i.e. TEAM, RESPONSIBILITY, etc.) Why? Why not?
- Focus on Process over Outcome( Define what the looks like)

### New coach mentoring program

- Weekly meetings with AD
- Pair with veteran coach
- New Coach Checklist/On boarding process
- Implementing a Coaches Handbook explaining the Expectations





## **Driving Your Culture Forward**

#### Responsibility

### Utilize coaches strengths

Delegate responsibilities and ownership to all

### Hire the right fit for your program

- Intentional hiring practices
- Difficulty finding coaches? Why? What to do?
- Hire people based on your values
- Creating a set of standards- 17 INCH HOME PLATE STANDARDS
- Culture > Strategy
  - Can teach X's and O's
  - Surround with assistant coaches

### Vertical communication and Support

Superintendent, Principal, Athletic Council etc

### Be intentionally grateful

Emails, Calls, Texts





# "Culture defeats strategy in any sport"

- Randy Jackson

(High School Football Coach Texas)



# Questions





# Thank You!





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