

Creating and Sustaining a Captains Leadership Council

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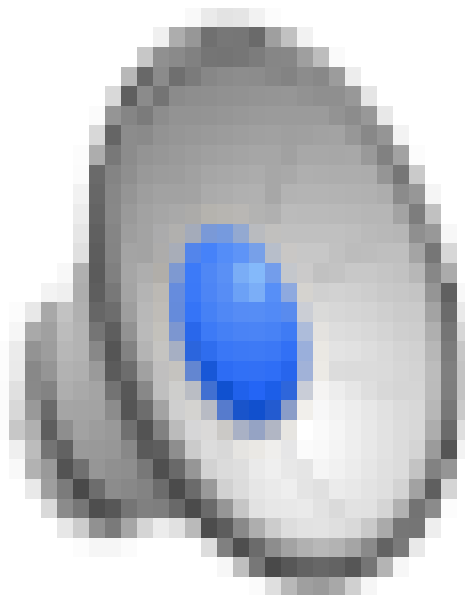
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Canaan, NH





Starting the Movement



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Creating and Sustaining a Captains Leadership Council



Cardigan Mountain School & Reasons for establishing a captains leadership council

“The most dangerous leadership myth is that leaders are born—that there is a genetic factor to leadership. That’s nonsense; in fact, the opposite is true. Leaders are made rather than born.”

— Warren Bennis

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Creating and Sustaining a Captains Leadership Council



- How we started our Captains' Council
 - Buy-in from School Administration
 - Coaches involvement and buy-in
 - Selecting team captains
 - Who is involved in our Captains' Council



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**Why We Play: Creating and
Sustaining a Captains Council.**

Why We Play: Captains Council

- **Our purpose** is to provide educational opportunities and activities for student leaders at GRHS, by providing a variety of activities.
- **Mission Statement:** “We stand to be a positive influence for our community. To communicate our beliefs, and carry ourselves with a positive demeanor of confidence, composure, and commitment to our teams and community.”

Guiding Questions

Spirit

It's the Why - What brings us to the table?

Science

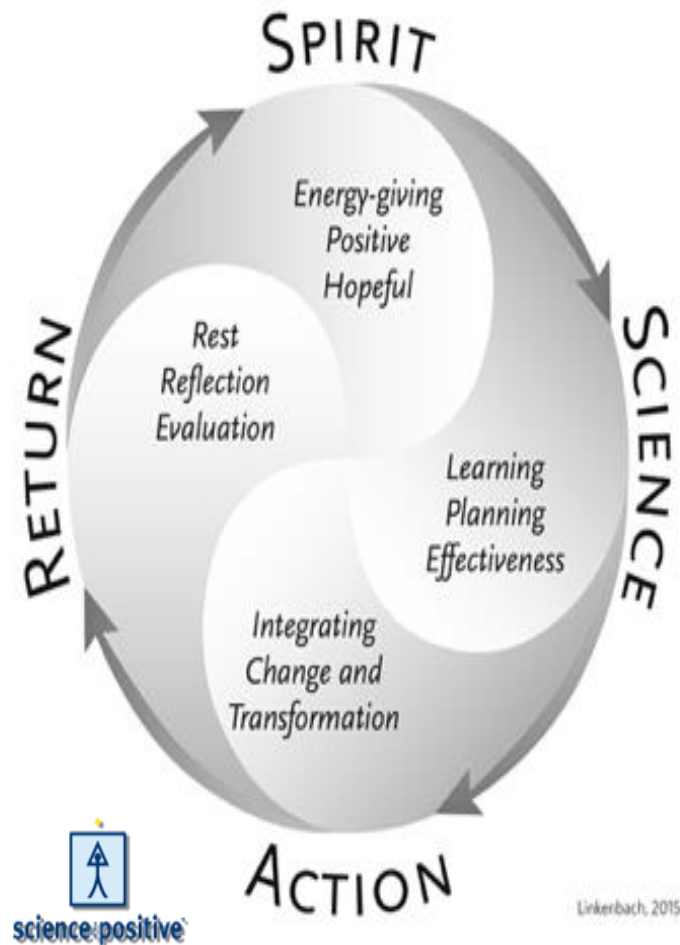
It's what we know - Data

Action

It's what we do – Getting it done

Return

It's where we've been - Reflection



Spirit

It's the Why – what brings us to the table. Energy giving, positive and hopeful.

- Desired outcomes:
 - That student leaders become more aware of the role and the responsibilities of the leadership position.
 - To realize the impact that they have in their school and community.
 - To understand the importance of being a leader at all times.
 - To create a *Community* of leaders.
 - To share information to assist in developing positive leadership skills.

Science

It's what we know – Data. Learning, planning and effectiveness.

- We know that a presence of a caring adult in any child's life is pivotal.
- “Every kid is one caring adult away from being a success story.”
- At GRHS we know most kids do not drink alcohol, and when they know the truth, nearly 12x likely not to drink.
- Over 600 student-athletes-GPA 3.26
- 98% of our students were eligible last year
- Focus on the Positive Norms makes a difference to culture.

Action

It's what we do – Getting it done! Integrating Change and Transformation.

- Implemented Captains Council in the Fall of 2012
- Monitor and adjust as we go along
- Now its what we do at GRHS.
- Student leaders have bought in, designed the shirt, what we wear for the banner, etc.
- Meet once a month before school starts.

Return

It's where we have been. Reflection, Rest and Evaluation.

- Recognition at our Night of Excellence
- Letter of Intent Day
- Alumni feel connected, always welcomed back
- Caring lasts forever
- Evaluation at end of the year
- Reflection every year

Grand Rapids High School: Student Activities

Captains Council: 2019-20

Meeting Dates

Monday, September 9, 2019

Monday, October 7, 2019

Monday, November 4, 2019

December, TBD by Alumni panel 2019

Monday, January 13, 2020

Monday, Feb. 3, 2020

Monday, March 2, 2020

April TBD

Purpose: To provide educational opportunities and activities for student leaders that are named or elected as captains of the various athletic and activity programs.

Mission Statement: “ We stand to be a positive influence for our community. To communicate our beliefs, and carry ourselves with a positive demeanor of confidence, composure, and commitment to our teams and community.” “ When you want to succeed as bad as you want to breathe, then you will be successful.” Thomas

Desired Outcomes:

- that student leaders become more aware of the role and responsibilities of the position of captain,
- to realize the effect that student leaders have in their school and community,
- to understand the importance of being a leader at all times,
- to develop tactics to make students more effective leaders,
- to create a “community” of leaders among the captains,
- to share information between students and adult leaders to assist in developing positive leadership skills.

Calendar:

The Captains Council will meet monthly during the school year. Meetings will be held from 7:45am-8:15am in the Loft. **Text 81010 in message box, @captainsc** to sign up for my reminders.

Curriculum:

- MSHSL Team Up Program, Top 20 Training, Guest Speakers, Real Life Experiences.

Expectations:

1. Attendance and participation in all Captains Council meetings is the baseline expectation, in or out of season.
2. Respectful communication at all times and to all persons, and in reference to all programs, coaches, administrators, and opponents.
3. Sharing of information with teammates, coaches, and others.
4. “Walk the walk” at all times.
5. Speak “greatness” at all times.

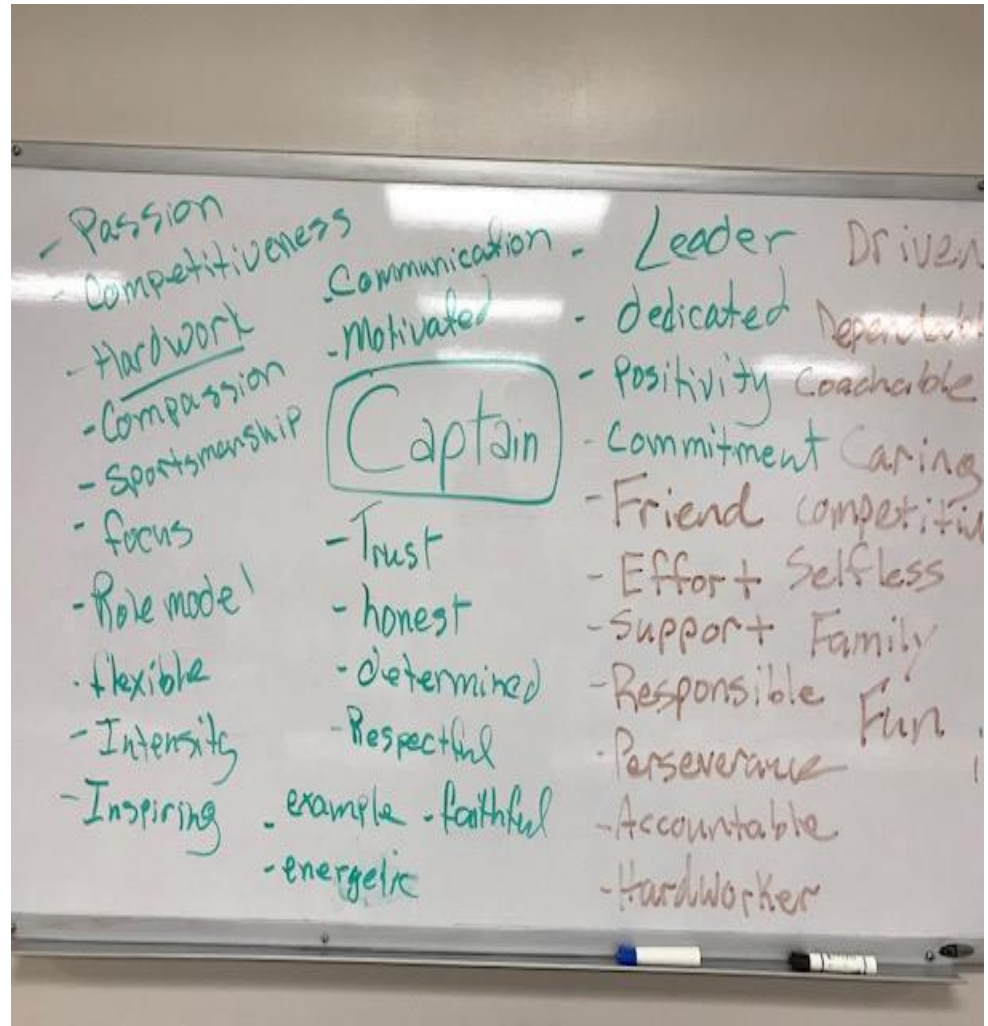
Words to Describe Captain/Leader

Spirit: The why, energy giving, hopeful

Science: What do we already know about being a leader

Action: Are we role modeling these words.

Return: Reflecting on Positive Leadership!



Core Values: Captains Council lesson plan.

The groups overall Top Three:
Fun, Commitment, and Positivity.

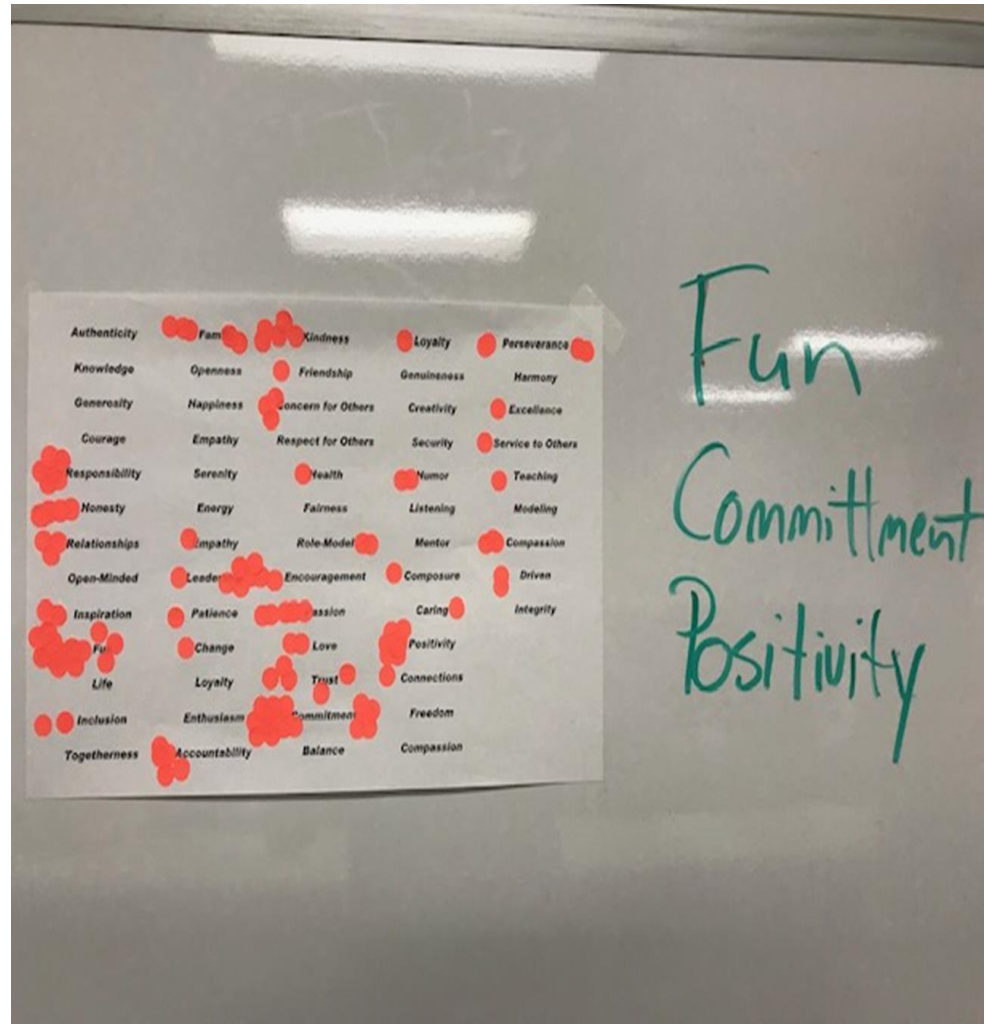
Defining Purpose. Why We Play.

Captain selects three Core Values

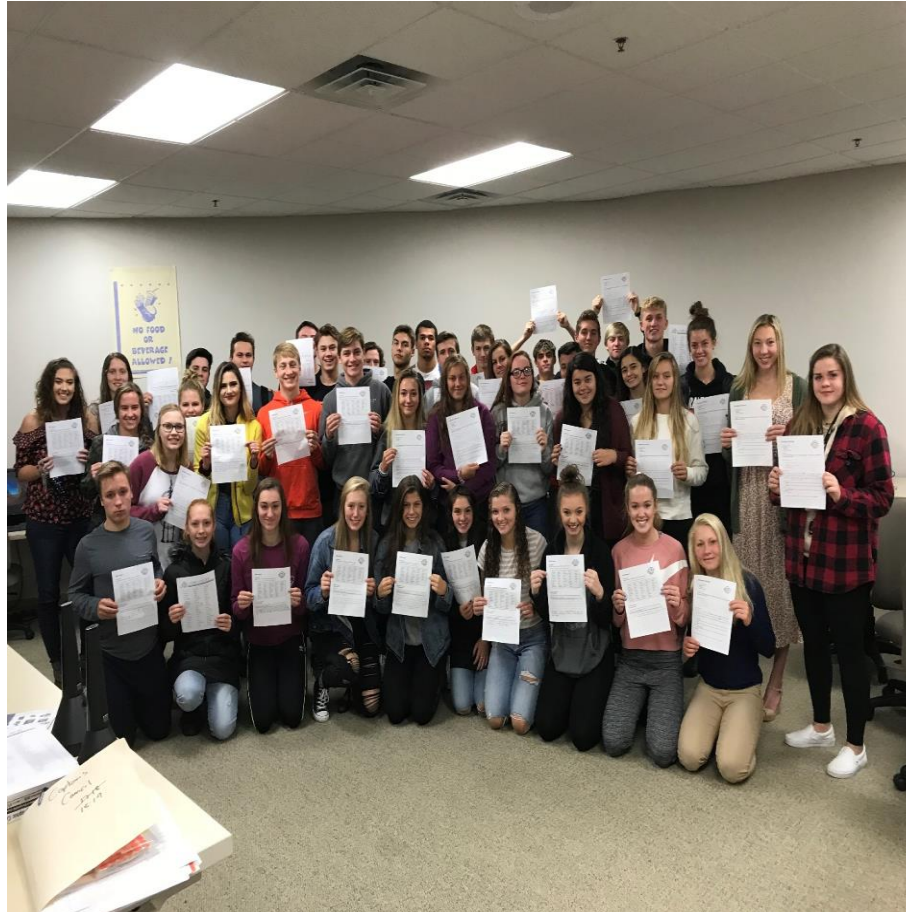
Captains use their core values to
come up with a purpose
statement.

Share with each other.

They are amazing!



Captains We Why Play Purpose Statement



HOPE & CONCERN



Designed by Captains: T-shirt



Gratitude

Thank you notes:

from student to a Coach

from student to a teammate

from student to a teacher

from student to a parent/guardian

from student to ANYONE!

Spirit: energy giving, positive,
hopeful

Science: what we know

Action: getting it done

Return: reflection

A white sheet of paper with a decorative border. The border consists of the words "THANK YOU" in a bold, black, sans-serif font, repeated six times along the top, bottom, left, and right edges. Each "THANK YOU" is followed by a small, stylized red and black logo of a bird's head (likely a hawk or eagle). The central area of the paper is a large rectangle with five horizontal lines, intended for writing a thank-you note.

Alumni Panel



Coaches Panel





GRAND RAPIDS

THUNDERHAWKS

CAPTAIN'S COUNCIL



2019-2020

GRAND RAPIDS
THUNDERHAWKS





Creating and Sustaining a Captains Leadership Council



Basic set up & structure of meetings



“If your actions inspire others to dream more, learn more, do more,
and become more, you are a leader.” - John Quincy Adams

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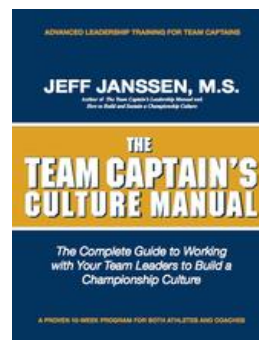
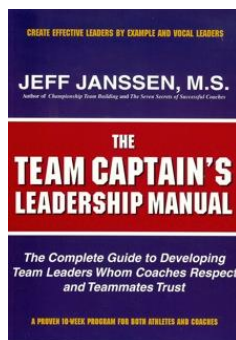
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Captains' Council Handbook & Resources



NIAAA Leadership Training Institute



“Leadership is the capacity to translate vision into reality.” - Anonymous

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Creating and Sustaining a Captains Leadership Council



Video clips, stories, and interviews



"Example is not the main thing in influencing others, it is the only thing." - Albert Schweitzer

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Creating and Sustaining a Captains Leadership Council



Guest Speakers

Alumni, Former Captains, College Captains, & Coaches



Dartmouth

Cardigan Athletics



Welcome to Bucknell!
KELLY KUSS
NEW HEAD WOMEN'S
SOCCER COACH



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Issues In Sport Today



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**THE
GOOD THE
AND THE
BAD UGLY**

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Feedback & evaluation of Captains' Council



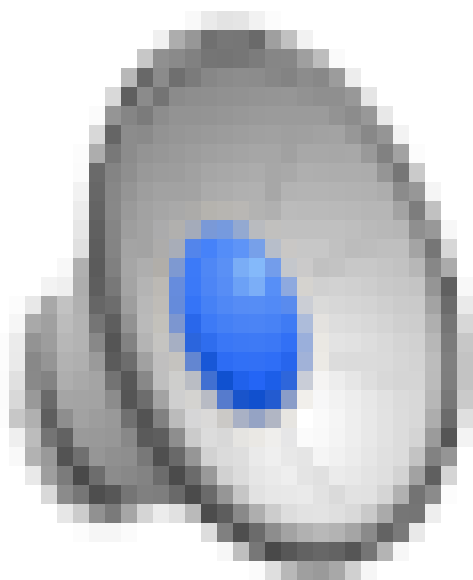
“Feedback is a gift. Ideas are the currency of our next success. Let people see the value in both feedback and ideas.” – Jim Trinka & Less Wallace

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Everyone Can Be A Leader



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Thank you for attending Creating and Sustaining a Captains Leadership Council

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