



National Federation of State High School Associations



# 2017-18 ANNUAL REPORT

Take Part. Get Set For Life.®

# MISSION STATEMENT



## Mission

The National Federation of State High School Associations (NFHS) serves its members by providing leadership for the administration of education-based high school athletics and activities through the writing of playing rules that emphasize health and safety, educational programs that develop leaders, and administrative support to increase participation opportunities and promote sportsmanship.

## We Believe

Student participation in education-based high school athletics and activities:

- Is a privilege.
- Enriches the educational experience.
- Encourages academic achievement.
- Promotes respect, integrity and sportsmanship.
- Prepares for the future in a global community.
- Develops leadership and life skills.
- Fosters the inclusion of diverse populations.
- Promotes healthy lifestyles and safe competition.
- Encourages positive school/community culture.
- Should be fun.

## About the NFHS

The NFHS, based in Indianapolis, Indiana, is the national leadership organization for high school sports and performing arts activities. Since 1920, the NFHS has led the development of education-based interscholastic sports and performing arts activities that help students succeed in their lives. The NFHS sets direction for the future by building awareness and support, improving the participation experience, establishing consistent standards and rules for competition, and helping those who oversee high school sports and activities. The NFHS writes playing rules for 17 sports for boys and girls at the high school level. Through its 50 member state associations and the District of Columbia, the NFHS reaches more than 19,500 high schools and 12 million participants in high school activity programs, including almost 8 million in high school sports. As the recognized national authority on interscholastic activity programs, the NFHS conducts national meetings; sanctions interstate events; offers online publications and services for high school coaches and officials; sponsors professional organizations for high school coaches, officials, speech and debate coaches, and music adjudicators; serves as the national source for interscholastic coach training; and serves as a national information resource of interscholastic athletics and activities.



# HISTORY

The National Federation of State High School Associations had its beginning on May 14, 1920, during a meeting in Chicago with representatives from Illinois, Indiana, Iowa, Michigan and Wisconsin. The primary purpose of that first meeting was to discuss problems that had resulted from high school contests organized by colleges and universities or by other clubs or promoters. Little attention was being paid to eligibility rules of the high school associations or to other school group regulations, and chaotic conditions had developed.

Because of this concern, the "Midwest Federation of State High School Athletic Associations" was formed. In 1921, Illinois, Iowa, Michigan and Wisconsin became charter members and, in 1923, the organization's name was changed to the National Federation of State High School Athletic Associations. By 1930, 28 state associations had joined the organization, and, by 1940, seven others had come aboard. When the Texas University Interscholastic League joined in 1969, all 50 state associations plus the District of Columbia were members.

By 1940, a national office with a full-time executive staff became necessary. The office was established in Chicago, Illinois, and H.V. Porter was appointed executive secretary and treasurer. Following Mr. Porter's retirement in 1958, Clifford B. Fagan was selected executive secretary.

In 1970, "athletic" was removed from the name of the organization with the expansion of services to fine arts programs. The organization henceforth was known as the National Federation of State High School Associations.

In 1971, the office was moved from Chicago to Elgin, Illinois, a Chicago suburb. Brice B. Durbin was named executive secretary-designate in February 1976 and officially succeeded Mr. Fagan as executive director in September 1977. The national office was moved from Elgin, Illinois, to Kansas City, Missouri, on May 1, 1979. After Mr. Durbin's retirement in January 1993, Robert F. Kanaby became the fourth full-time executive director.

In 1997, NFHS was adopted as the new acronym. On February 1, 2000, the organization relocated to Indianapolis, Indiana. Mr. Kanaby retired in May 2010, and he was succeeded by Robert B. Gardner, who became the fifth full-time executive director. After serving as NFHS executive director for eight years, Mr. Gardner retired on August 1, 2018, and was succeeded by Dr. Karissa Niehoff.

The 2017-18 school year marked the 99<sup>th</sup> year of existence for the National Federation of State High School Associations, and the NFHS staff devoted considerable hours this past year to planning the Centennial celebration in 2018-19.

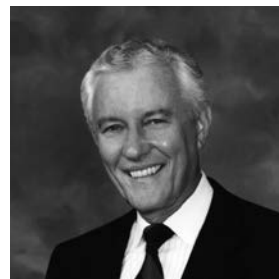
An internal staff Centennial Celebration Committee has been in place since August 2015 to give appropriate attention to the 100<sup>th</sup> anniversary of the NFHS. A special logo has been created and will be used throughout the 2018-19 school year, with the final celebration coming at the 100<sup>th</sup> Summer Meeting in Indianapolis June 28-July 2, 2019.



1940-1958  
**H.V. PORTER**



1958-1977  
**CLIFFORD B. FAGAN**



1977-1993  
**BRICE B. DURBIN**



1993-2010  
**ROBERT F. KANABY**



2010-2018  
**ROBERT B. GARDNER**



2018-PRESENT  
**KARISSA L. NIEHOFF**

## NFHS Offices

- 1 1920-71 Chicago, Illinois
- 2 1971-79 Elgin, Illinois (Chicago suburb)
- 3 1979-2000 Kansas City, Missouri
- 4 2000-Present Indianapolis, Indiana

# GREETINGS FROM THE NFHS

## Dear Friends,

The 2017-18 school year was a year of transition for the organization. We are grateful for the leadership provided by Bob Gardner the past eight years. Bob promoted the values of high school activity programs and expanded opportunities for participation by boys and girls nationwide. We also are indebted to Bob for his focus on risk minimization in high school sports, particularly with the organization's unwavering emphasis on concussion awareness.

Shortly after the transition in leadership, we attended section meetings across the country and connected with the exceptional leaders in our member state associations. This was a tremendous opportunity to learn about the issues in our programs, as well as a chance to get to know those individuals involved in directing the 51 state high school associations.

Through these meetings, we learned that our states believe in the mission and work of the NFHS as it is also their work. While states may do things differently, there is unwavering support for education-based athletics and activities. We believe the NFHS is in a position to serve as the national leader in these areas and should strengthen its efforts to support state associations as they implement programs, navigate challenges and celebrate successes.

As you will see on page 14, sports participation numbers increased for the 29<sup>th</sup> consecutive year. Kids want to play and perform within their school programs. We are high schools, and there is no other environment that offers such a rich variety of opportunities.



2017-18 PRESIDENT  
JEROME SINGLETON,  
SOUTH CAROLINA



2018-19 PRESIDENT  
DAVID JACKSON,  
OKLAHOMA



EXECUTIVE DIRECTOR  
KARISSA NIEHOFF

As you will see in the Year in Review and Programs and Services sections, we had many success stories this past year. The **NFHS Learning Center** continues to offer online education courses to coaches, administrators, parents, students, music and speech directors, and others – many of which are available free of charge. With 63 different courses and more than 7½ million individual courses delivered since 2007, this online educational tool has become one of the best success stories in our 100-year history.

The **NFHS Network** experienced a 55 percent growth in number of events, and we are pleased about the new opportunities with PlayVS for the rollout of esports competition. We also were pleased to be able through the **NFHS Foundation** to distribute more than 400 AEDs to schools and state associations in 32 states.

Certainly, we have both challenges and opportunities ahead of us. We are pleased with the opportunity to return the recruiting of high school basketball players to an education-based setting. These events to be held at high schools or other education-based settings next summer will help to minimize the outside influences in the recruiting process and provide Division I coaches an opportunity to evaluate players at high school-sponsored events.

We will continue our efforts on risk minimization in all sports and promote the values of multiple sport participation. We also will continue our **National Officials Recruitment Campaign** in an effort to recruit and retain more individuals to officiate high school sports contests.

We have added a new administrative position – NFHS Chief Talent Officer – to our staff in an effort to more effectively meet the needs of our staff and our member state associations. And we are excited to have Maurice Meriweather, an NFHS staff member for the past 18 years, move into that position. Maurice will be involved in leading the organization's human capital efforts, ensuring that the national office is attracting and retaining high-quality talent while also creating opportunities for growth and professional development for the NFHS national office and state association offices.

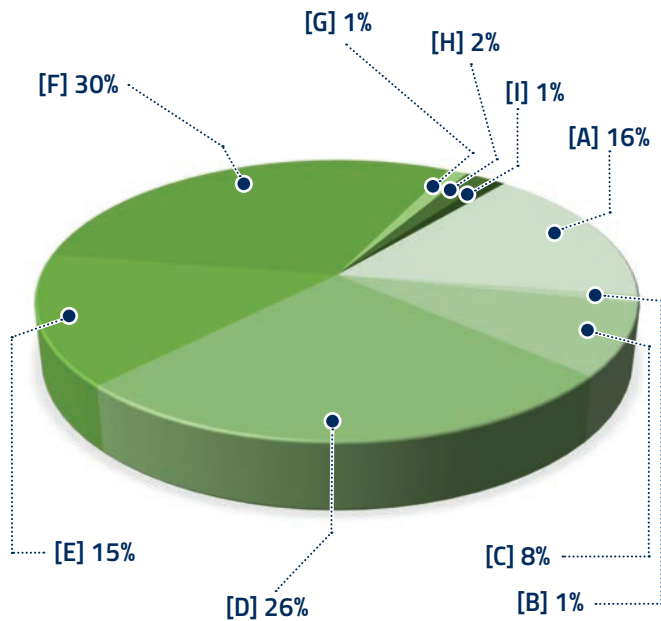
There are more than 12 million participants in high school sports and performing arts programs, and the NFHS staff, Board of Directors and member state associations are committed to keeping those opportunities available for the nation's high school students. Thanks for your assistance this past year in that endeavor.

# FINANCIAL REPORT

## 2017-18 Revenue

A	Membership Dues – Professional Organizations	\$ 2,564,513
B	Membership Dues – State Associations	\$ 145,900
C	Meetings and Conferences	\$ 1,301,514
D	Educational Programs	\$ 4,109,797
E	Royalties and Sponsors	\$ 2,380,935
F	Sales	\$ 4,716,637
G	Advertising	\$ 198,961
H	Investment Return	\$ 256,993
I	Other Income	\$ 161,237

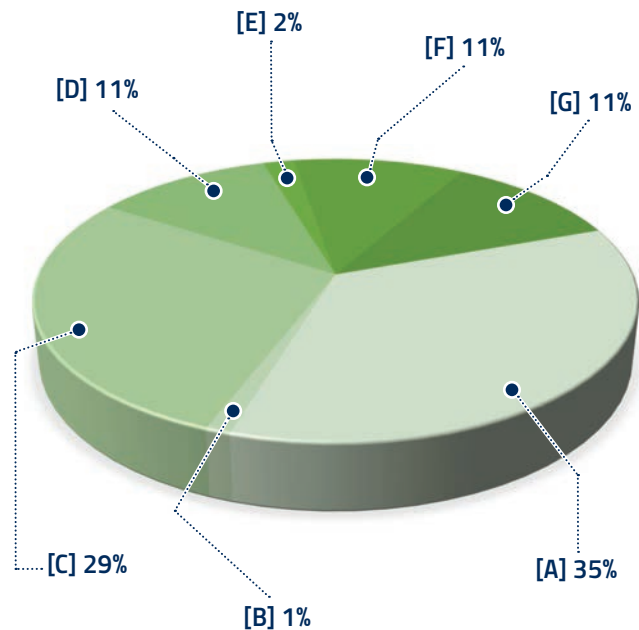
**Total Revenue \$ 15,836,487**



## 2017-18 Expenses

A	Salaries and Benefits	\$ 5,404,127
B	Membership Development	\$ 174,905
C	Education and Professional Development	\$ 4,326,091
D	Management and General	\$ 1,721,770
E	Grants and Distributions	\$ 304,950
F	Professional Organizations	\$ 1,658,100
G	Rules-making Products and Publications	\$ 1,721,855

**Total Expenses \$ 15,311,798**



# BOARD OF DIRECTORS



1.



2.



3.



4.



5.



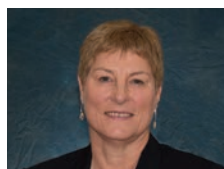
6.



7.



8.



9.



10.



11.



12.

1. David Jackson, Section 6  
(President)  
Oklahoma Secondary School Activities Association
2. Mark Beckman, Section 8  
(President-Elect)  
Montana High School Association
3. Bill Gaine, Section 1  
Massachusetts Interscholastic Athletic Association
4. Billy Haun, Section 2  
Virginia High School League
5. Steve Savarese, Section 3  
Alabama High School Athletic Association
6. Bobby Cox, Section 4  
Indiana High School Athletic Association
7. Kerwin Urhahn, Section 5  
Missouri State High School Activities Association
8. Rob Cuff, Section 7  
Utah High School Activities Association
9. Pam Foegen, Sections 1 & 4, At Large  
Regis Catholic Schools  
Eau Claire, Wisconsin
10. Kevin Fitzgerald, Sections 2 & 6, At Large  
Caesar Rodney School District  
Wyoming, Delaware
11. Calvin Robinson, Sections 3 & 7, At Large  
Madison County Schools  
Ridgeland, Mississippi
12. Owen St. Clair, Sections 5 & 8, At Large  
Wyoming Indian Schools  
Ethete, Wyoming

# YEAR IN REVIEW



ROBERT B. GARDNER



KARISSA L. NIEHOFF

## Leadership Changes

### New NFHS Executive Director

The end of the 2017-18 school year marked the first change in leadership for the NFHS since 2010. **Bob Gardner**, who had served as executive director for eight years, retired August 1, 2018. He joined the NFHS staff in 2000 as chief operating officer and served in that role for 10 years before becoming the fifth full-time executive director in 2010.

Gardner vigorously promoted the values of high school activity programs and expanded opportunities for participation by boys and girls nationwide. During his eight years as executive director, participation in high school sports increased by almost 400,000, including the expanded opportunity for students with disabilities in high school sports.

Gardner led the organization's focus on risk minimization in high school sports, with particular emphasis on concussion awareness, and he brought a heightened national presence to the work of the NFHS and its member state associations. In addition to the continual expansion of the NFHS Learning Center during his tenure, he is credited with starting the NFHS Network, the first-of-its-kind digital coverage of high school sports. During his eight years as chief executive of the organization, operating revenue for the NFHS increased by \$4 million.

**Dr. Karissa Niehoff** became the sixth full-time executive director of the NFHS on August 1, 2018, after seven years as executive director of the Connecticut Association of Schools-Connecticut Interscholastic Athletic Conference (CAS-CIAC). She is the first female to head the national leadership organization for high school athletics and performing arts and the second woman to serve as director of a national sports organization in the United States.

Niehoff joined the CAC-CIAC in July 2010 as deputy executive director and assumed the executive director's position in January 2011. She began her career in Connecticut public education in 1989 as a teacher at Greenwich High School. In the succeeding years, she was a teacher, coach, athletic director, assistant principal and principal at the middle school and high school levels. In addition to coaching track and field and basketball, she won one state championship in Connecticut as a field hockey coach.

Niehoff earned a bachelor's degree from the University of Massachusetts, a master's from Southern Connecticut State University, a sixth-year degree in educational leadership from Central Connecticut State University and a doctorate in educational leadership from the University of Connecticut.

### State Association Leaders – Changing of the Guard

In addition to a change at the national level, five executive directors of state associations with a combined 116 years of experience retired in 2017-18. Jack Roberts (32 years) of Michigan, Dave Stead (31) of Minnesota, Gary Musselman (22) of Kansas, Jim Tenopir (17) of Nebraska and the NFHS, and Dan Ross (14) of Ohio were exemplary leaders for the past four decades.

Along with seven other state association leaders who retired the previous year, a total of 12 directors with a combined 177 years have retired the past two years. We salute all of these individuals for their contributions within their own states and nationally and look forward to working with the new executives in these states as we continue to work together for the more than 12 million student-athletes involved in high school activity programs.

## National Issues

### Risk Minimization

The NFHS continued its emphasis on risk minimization in high school sports with the aim of assuring students, parents and others that high school sports are as safe today as they have ever been.

Concerns about the sport of football continued to surface with another reduction in participation numbers. While the NFHS recognizes the concern on the part of parents, the November 2017 issue of *High School Today* noted two reports that studied any linkage between playing high school football and developing CTE (chronic traumatic encephalopathy) later in life. Both the Sports Neuropsychology Society and the Journal of American Medical Association reports confirmed there was no linkage between playing high school football and developing CTE.

With playing rules in place at the high school level that contain guidelines for management of a student who exhibits signs and symptoms of a concussion, to the enactment of state concussion laws that establish mandatory protocols, to the lack of evidence between playing football and any cognitive impairment later in life, the NFHS continued to assure students and their parents that the risk of injury in high school football is less today than at any point in the long and rich history of the sport.

As the 2018 football season was about to begin, the NFHS had another opportunity to share its message on this subject through an editorial in *USA Today* and an appearance on *The Today Show*. In both of these opportunities, we emphasized that our goal is to encourage students' participation in all high school sports and activities and to promote a risk-free environment in every setting.

### Basketball Evaluation/Recruiting

About the time of the September 2017 announcement of a federal investigation into fraud in college basketball, which led to the appointment of the NCAA Commission on College Basketball under the direction of Condoleezza Rice, the NFHS expressed its concern about the recruitment process of high school student-athletes – specifically that more and more of the evaluation and recruitment was happening outside of the local high school and an education-based setting.

Thanks to the work of the Rice Commission and the NCAA Board of Governors and Division I Board of Directors, we are excited to report that the recruiting of high school basketball players will be returning to an education-based setting in 2019 – at least in part.

As the new school year kicked off, the NFHS began to develop criteria for Scholastic Basketball Evaluation Events to be held for the first time in late June 2019. The addition of these events, which must be held on an education-based campus and must meet the NCAA definition of “scholastic,” are aimed at minimizing the outside influences in the recruitment of high school basketball players and will provide Division I coaches an opportunity to evaluate players at high school-sponsored events.

We worked with the National High School Basketball Coaches Association in developing the criteria for hosting these events and are pleased with this opportunity to host these events in high schools within our state association membership or in other education-based settings. Preserving and promoting the education-based aspect of the sport of basketball calls for the high school and college levels to support one another, and we believe this is a tremendous start toward that end.



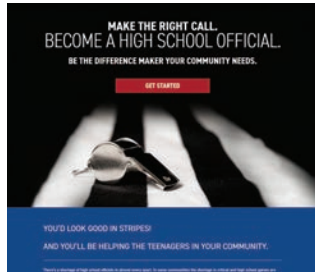
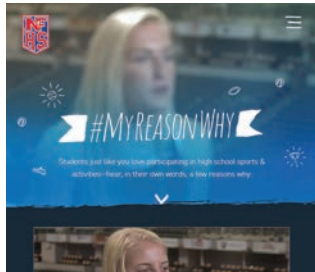
## National Presence

### #MyReasonWhy Campaign

For the second consecutive year, the NFHS promoted the value of high school activity programs through its national campaign entitled **#MyReasonWhy**. The goal of the campaign was to demonstrate why participation in high school sports has increased every year for the past 28 years, and why participation in school-based sports and activities provides students the best opportunities for success.

Weekly email messages about high school sports and activities were distributed to high school administrators, coaches, students, parents, officials and many others within the high school setting. In addition, emails were also distributed to middle school students to encourage their continued participation in sports and activities in high school.

An interactive website was created at [www.MyReasonWhy.com](http://www.MyReasonWhy.com) to house all materials related to the campaign, and the social media campaign was expanded to Facebook, Twitter, Instagram and YouTube platforms and targeted middle school parents, administrators and coaches. Other components of the campaign included posters that were sent to high schools, radio public-service announcements and regular op-ed newspaper articles co-authored by Bob Gardner, NFHS executive director in 2017-18, and the respective state association executive director.



### National Officials Recruitment Campaign

The NFHS continued its national effort to recruit more individuals to pursue the avocation of officiating through its National Officials Recruitment Campaign. Weekly emails were sent to high school and college intramural directors – and many others – with the hope of encouraging men and women to stay involved in sports after high school by becoming high school officials.

The website – [www.HighSchoolOfficials.com](http://www.HighSchoolOfficials.com) – remains active for individuals to sign up to become officials in their state. Once a person expresses an interest, the respective state association makes contact with the individual and provides the necessary steps for the person to become involved in officiating.

In addition to direct emails, regular posts are provided through Twitter and Facebook in the hope of involving more men and women in the officiating avocation.

### National Voice

The NFHS had several occasions through its website, social media platforms and national publication, *High School Today*, to address key issues in high school activities. Articles in both the April and May 2018 issues spoke to the benefits of playing multiple sports and the inherent risks of specializing in one sport throughout the year. High school students have more fun, make more friends and are better prepared for life beyond sport by participating in multiple sports and activities offered by the high school in their community.



In addition, studies have shown that playing one sport year-round increases the risk of overuse injuries and the chance that students will suffer burnout and quit sports altogether at some point. The NFHS is making a concerted effort to address these concerns with parents of middle school students so that informed decisions can be made prior to high school.

### Social Media

The NFHS continued to expand its social media outreach in 2017-18. Utilizing various platforms, the organization consistently increased its number of posts leading to a considerably larger audience.

Twitter remains the NFHS largest and most active social media platform, and in 2017-18, the NFHS Twitter handle (**NFHS\_Org**) gained 4,085 new followers to surpass 22,000. Overall, its posts made more than 9 million impressions and 120,000 engagements.



On Facebook (NFHS1920), the NFHS gained nearly 1,000 followers and finished the year with more than 12,000. Posts on the platform reached 1.3 million pages, garnering nearly 12,000 engagements.

The NFHS also regularly posts on Instagram and LinkedIn, with approximately 1,600 and 10,000 followers, respectively. In addition, YouTube activity increased with the addition of a #MyReasonWhy playlist.

## NFHS Learning Center



The NFHS Learning Center completed its 11<sup>th</sup> year of providing online education courses during the 2017-18 school year and had delivered more than 7½ million courses by the end of the year through its website at [www.NFHSLearn.com](http://www.NFHSLearn.com).

Topping the list of new courses this past year was ***Protecting Students from Abuse***, which was produced in collaboration with the U.S. Center for SafeSport (The Center). This free course was produced to assist schools in creating an enjoyable and safe environment for students.

Two other timely courses produced by the Learning Center this year were ***Supervising Afterschool Activities*** and ***Hazing Prevention for Students***. Supervising Afterschool Activities was produced in partnership with the National Interscholastic Athletic Administrators Association (NIAAA) and Safe Sport Zone

to help schools create a safer environment for students during afterschool hours and to implement school safety with an afterschool activities supervision plan.

Other new courses include two sport-specific officiating courses – ***Officiating Wrestling*** and ***Officiating Soccer: Offside Rule*** – and one sport-specific coaching course – ***Coaching Diving***. In addition, two new courses are now available for performing arts teachers and directors – ***Adjudicating Speech and Debate*** and ***Interscholastic Music Event Management***.

In addition to the nine new courses completed this past year, the NFHS updated five of its key existing courses: ***Sportsmanship***, ***NCAA Eligibility***, ***Heat Illness Prevention***, ***Sports Nutrition*** and ***Concussion in Sports***. The Concussion in Sports course, which was revised in collaboration with the Centers for Disease

Control and Prevention (CDC), has been the most popular course on the Learning Center since its launch in 2010 with more than four million courses delivered as the 2017-18 school year came to a close. The revised ***Concussion in Sports*** course, which is hosted by Michael Koester, M.D., chair of the NFHS Sports Medicine Advisory Committee, provides updated return-to-activity and return-to-play guidelines, including specific steps to be taken at each point of the return-to-play process.

After starting with two courses – ***Fundamentals of Coaching*** and ***First Aid for Coaches*** – in 2007 through the NFHS Coach Education Program, the NFHS Learning Center now offers 63 online courses, including 29 that are available free of charge.

## NFHS Network



In its fifth year of operation during the 2017-18 school year, the NFHS Network continued to produce more events and landed some major deals with other companies to reach more individuals through its website at [www.NFHSNetwork.com](http://www.NFHSNetwork.com).

More than 50,000 events involving 27 sports and activities were covered last year on the NFHS Network – the first-of-its-kind, all-digital high school network which is a joint venture among the NFHS, its member state associations and PlayOn! Sports.

The NFHS Network showcases the unique accomplishments of students – both the student-athletes participating in the state series events sanctioned by the states, along with the student broadcasters from around the country who produce events through the School Broadcast Program (SBP) for their schools.



In November 2017, the NFHS Network and Facebook reached an agreement to stream 15 high school football playoff games live on Facebook Watch. And that was followed by the NFHS Network-Facebook agreement for live streaming of 20 regular-season high school basketball games on Facebook Watch.

In early 2018, the NFHS Network entered into an agreement with Trackwrestling for live and archived streaming of more than 40 state high school wrestling tournaments. The events were available on the Trackwrestling platform ([www.Trackwrestling.com](http://www.Trackwrestling.com)) and the NFHS Network.

In February 2018, the NFHS Network finalized an agreement to acquire The Cube, LLC ([www.thecube.com](http://www.thecube.com)), which created the largest single destination – [www.NFHSNetwork.com](http://www.NFHSNetwork.com) – for fans to watch high school sports broadcasts. As a result of this acquisition, it is anticipated that more than 100,000 events will be streamed live on the NFHS Network in 2018-19.

Another major partnership occurred in April 2018 when the NFHS, the NFHS Network and PlayVS came together to begin the rollout of esports competition in high schools across the country. PlayVS, an online gaming provider, is working directly with the NFHS and the NFHS Network to introduce esports to high schools and state associations.

The NFHS Network continued to expand the use of Pixellot units to cover games with more than 17,000 games produced in 2017-18 with Pixellots, a system designed for automated event production.

## High School Today

The NFHS celebrated its 11<sup>th</sup> year of distributing its flagship publication – *High School Today* – to four key individuals at every high school in the United States. The slick, four-color magazine is mailed eight times a year to the superintendent, principal, athletic director and school board president at approximately 19,000 high schools for a total distribution of 75,000 per issue.

In addition, the online presence of *High School Today* continued to expand through the display of articles on the NFHS website at [www.NFHS.org](http://www.NFHS.org) and through the electronic distribution of each issue to the NFHS Learning Center database of more than 1.8 million individuals.

National issues in high school athletic and performing arts activities covered in 2017-18 included: hazing prevention guidelines for schools, sexual violence policy development guidelines for K-12 schools, creating an education-based athletics and performing arts culture, Title IX expectations – 45 years after passage of law, copyright law issues for cheerleading and dance squad music, helping students and parents confront safety concerns in football, how athletes can be involved in performing arts, homeschool students on athletic teams, growth of Unified Sports continues, future impact of #MeToo on schools and athletic programs, encouraging multi-sport participation in athletic programs, legal authority of state high school associations, guidelines for developing lightning safety policies, running effective AED drills – effective part of emergency action plan, NFHS addresses Rice Commission Report on College Basketball and Bob Gardner reviews eight years as executive director.



FOUNDATION

## NFHS Foundation

A total of \$27,089 was raised for the NFHS Foundation at the 2018 Summer Meeting in Chicago, Illinois. In the **NFHS Foundation Fun Run/Walk**, 225 individuals registered, including 122 runners and 103 walkers. The sponsoring state associations included Kansas, Kentucky, Nebraska, New York and Washington, and \$6,540 was raised. The **NFHS Foundation Golf Tournament**, held at Ravisloe Country Club in Homewood, Illinois, raised \$15,710, and the **\$99 for 99 campaign** generated \$4,839.

In addition to this annual effort, the NFHS Foundation was able to provide more than 400 Automated External Defibrillators (AEDs) to high schools and state associations. In an effort to ensure that every high school in NFHS-member state associations is equipped with an AED, state associations were able to request AEDs for schools without the life-saving units. Approximately 430 AEDs were shipped to schools and state association offices in 32 states. Each AED was accompanied by a rescue kit, alarmed wall cabinet and carrying case.

Almost \$450,000 was awarded by the NFHS Foundation in 2017-18, including about \$46,000 to state associations for student leadership conferences. Other current research projects funded by the NFHS Foundation include Identifying Risk Factors for Volleyball Injuries, and Risk of Knee Injuries for Male and Female Student-Athletes.

The NFHS Foundation serves the interest of young people who participate in interscholastic sports and activities by awarding grants for research and program development in the areas of character education and sports risk minimization. Since its establishment in 1996, the NFHS Foundation has awarded more than \$1 million in grants to state high school activity associations.

## Strategic Plan

The second year of the 2016-2021 NFHS Strategic Plan was carried out this past year with many of the initiatives fully underway or completed. The five-year roadmap for the NFHS is organized into five Strategic Priorities: Health and Safety, Public Relations/Communications, Education, Technology and Constituent Relationships.

Among the goals initiated or completed in the first two years were placing Automated External Defibrillators in schools without AED units, utilizing a national public-relations firm to promote the value of sports participation, developing a task force to assess interest in national events/championships, increasing use of social media to communicate messages, increasing use of video to assist in communication with the membership, continuing expansion of the NFHS Learning Center, updating of the NFHS website, updating of the NFHS membership system, evaluating ways to increase membership in NFHS professional organizations, improving communication with the membership and constituent groups, and developing a blended model of delivery for rules interpreters meetings.

## Development

The NFHS continued its tremendous success in reaching agreements with companies across the country to support high school activity programs by becoming NFHS Corporate Partners. Four new companies joined with the NFHS in 2017-18, bringing the overall number to 24 Corporate Partners.

New partners this past year are **Bison**, the exclusive NFHS partner for the sport of basketball; **Champion**, the official uniform and apparel provider of the NFHS; **UNA Purchasing Solutions**, the exclusive hotel platform of the NFHS; and **GameChanger by Dick's Sporting Goods**, the exclusive baseball and softball app provider of the NFHS.

The other NFHS Corporate Partners are **Bag Tags** (ice hockey), **Dan-mar Warrior** (wrestling), **Gill Athletics** (track and field), **Ohio University** (coach education), **Selective Service System** (football), **Smitty Officials Apparel** (officials apparel), **Socketyes** (soccer), **Sports Imports** (volleyball), **Team IP** (softball, baseball), **USA Weightlifting** (coach education), **Varsity Spirit** (spirit) and several general sponsors – **ArbiterSports**, **Dissinger Reed**, **K12 Licensing**, **Liberty Mutual**, **MaxPreps**, **MetLife**, **Olive Garden**, **SMi Awards** and **TeamSnap**.

## National Student Leadership Summit

More than 160 student ambassadors from 30 states and Canada gathered in Indianapolis in July 2018 for the National Student Leadership Summit (NSLS) sponsored by the NFHS. This was the fourth consecutive NSLS hosted by the NFHS after sponsoring seven previous National Student Leadership Conferences (2001-2003, 2007-2010). In addition, about 50 college facilitators, adult ambassadors and conference staff served as advisors and chaperones.

The student ambassadors, most of whom are athletes in their local high schools, participated in workshop sessions led by experts from around the country. The students also traveled to nearby Plainfield High School to interact and play with athletes from Special Olympics Indiana.

This year's speakers included **Omari Pearson**, founder of Passion to Purpose, LLC; **Dr. Kevin Ringhofer**, a national trainer and consultant from Minnesota; **Dr. Gregory Dale**, professor and director of sport psychology and leadership programs at Duke University; **Dr. Derek Greenfield**, visionary speaker, consultant and thought leader dedicated to inclusive excellence and positive change; **Sherry Winn**, two-time Olympian and national championship basketball coach; **Deb Hult**, co-founder of Core Trainings and a renowned presenter on relational leadership; and **Elliot Hopkins**, NFHS director of sports and student services and director of the NSLS.



# PROGRAMS AND SERVICES

## Sports Participation

Led by an additional 15,009 participants in girls sports programs, the overall number of participants in high school sports increased for the 29<sup>th</sup> consecutive year in 2017-18, according to the annual High School Athletics Participation Survey conducted by the NFHS.

The number of participants in high school sports in 2017-18 reached an all-time high of 7,980,886, according to figures from the 51 NFHS member state high school associations, which includes the District of Columbia. The number of girls participating in high school sports reached an all-time high of 3,415,306, and boys participation also set a new standard at 4,565,580.

Among boys sports, soccer registered the largest gain with 6,128 additional participants. Other boys sports with sizeable gains were cross country (3,824), volleyball (3,767) and golf (2,558). For the second consecutive year, competitive spirit had the largest increase among girls sports with an additional 18,426 participants, followed by swimming and diving (4,797), lacrosse (3,431) and golf (3,176).

With 1,036,842 participants, 11-player football remains the No. 1 participatory sport for boys in high school by a large margin. Outdoor track and field is No. 2 with 600,097 participants, followed by basketball (551,373), baseball (487,097), soccer (456,362), cross country (270,095), wrestling (245,564), tennis (158,151), golf (144,024) and swimming/diving (138,935).

Outdoor track and field continues to lead the way for girls with 488,592 participants, followed by volleyball (446,583), basketball (412,407), soccer (390,482), fast-pitch softball (367,861), cross country (223,518), tennis (190,768), swimming/diving (175,594), competitive spirit (162,669) and lacrosse (96,904).

Despite remaining the top participatory sport for boys, 11-player football dropped for the second consecutive year. The decline in numbers, however, was not as high as 2016, and participation in 6-player and 8-player football continued to trend upward. In 2017, participation in 11-player football was 1,036,842, a two-percent decline of 20,565 from the previous year. The decline from 2015 to 2016 was 27,865, or 2.5 percent.

## Athletic Participation Survey Totals

Year	Boys Participants	Girls Participants	Total
1971-72	3,666,917	294,015	3,960,932
1975-76	4,109,021	1,645,039	5,754,060
1980-81	3,503,124	1,853,789	5,356,913
1985-86	3,344,275	1,807,121	5,151,396
1990-91	3,406,355	1,892,316	5,298,671
1995-96	3,634,052	2,367,936	6,001,988
2000-01	3,921,069	2,784,154	6,705,223
2005-06	4,206,549	2,953,355	7,159,904
2010-11	4,494,406	3,173,549	7,667,955
2015-16	4,544,574	3,324,326	7,868,900
2016-17	4,563,238	3,400,297	7,963,535
2017-18	4,565,580	3,415,306	7,980,886

2017-18  
**7,980,886**

With 14,079 schools sponsoring 11-player football nationally, the loss of 20,565 participants amounts to 1.5 per school. And, although the 11-player numbers were down, the number of schools sponsoring 6-player football increased from 259 to 317, and school sponsorship of 8-player football increased from 841 to 847. Overall, the number of high schools sponsoring football (combining 6-, 8-, 9- and 11-player) increased by 29 schools – from 15,457 to 15,486.

Amazingly, this year's survey indicated participation by high school students in 65 different sports, as well as 13 adapted sports for students with disabilities. Some of the more popular non-traditional sports were badminton (17,898), archery (10,460) and fencing (4,513), along with two relative newcomers – bass fishing and ultimate frisbee.

Some of the emerging sports during the past decade continued their rise on the charts. Lacrosse now has 210,217 combined participants (113,313 boys, 96,904 girls), and bowling is up to 60,039 participants nationwide (32,159 boys, 27,880 girls).

The top 10 states by participants remained the same; however, Ohio moved ahead of Illinois into fourth place this year. Texas and California topped the list again with 824,619 and 819,625 participants, respectively, followed by New York (378,065), Ohio (347,567), Illinois (338,848), Pennsylvania (319,867), Florida (311,361), Michigan (296,625), New Jersey (281,800) and Minnesota (240,433).



## National High School Sports Record Book

The National High School Sports Record Book added another year's worth of performances to its lists in 2017-18. Several individuals and teams stood out as new record-holders.

In girls basketball, three-point field goals were flying at a record pace. **Allison Ayala** (Covina, California) finished her career with 1,577 three-point attempts, including 566 in 2017-18, both national records. Ayala also made 485 three-pointers in her career, second all time. As a team, **Bensenville Fenton, Illinois**, hoisted 1,130 three-point field goal attempts last season, the most all time.

There were also numerous outstanding performances on the diamonds – baseball and softball. **Kasey Flores** (El Paso Eastlake, Texas) became the national record-holder for most career home runs, slugging 75 in her four years. Her teammate at Eastlake High School, **Savannah Wysoki**, likely scored on several of Flores' home runs, as she finished the 2018 season with 95 runs, the most all-time.



*Coach Lee Hall (No. 19) of Homewood, Alabama, congratulates his son, Josh, after he sets national record for career steals.*

Baseball's notable additions included **Hudson Hedges** (Pioneer, Oklahoma), who shattered the record for most times hit by a pitch in one season. Hedges was hit 39 times in 2018, bettering fellow Oklahoman Jordan Spurlock's total of 31 set in 2017. On the basepaths, **Josh Hall** (Homewood, Alabama) became the all-time career stolen bases leader with 224.

In eight-player football, **Israel Loveall** (Bagdad, Arizona) completed an outstanding career, topping the career lists in touchdown passes (167), passing yards (9,289) and total yards (11,488). While on the soccer field, goaltender **Brennan Sheridan** (Somerset, Wisconsin) made 555 saves last season to set the all-time mark.

On the team side, **Kimberly, Wisconsin**, concluded its 11-player football season with a state championship and a 70-game winning streak, the sixth-longest in history.

## Playing Rules/Rules Committees

Writing playing rules for high school sports competition has been one of the key roles of the National Federation of State High School Associations since its beginning in 1920. The rules-writing program, which stresses “grassroots” input, was initiated in order for high schools, coaches, athletic administrators and interscholastic officials to have direct influence in developing rules.

NFHS rules are written for varsity competition among student-athletes of high school age, and are intended to maintain the sound traditions of the sport, encourage sportsmanship and minimize the inherent risk of injury.

The NFHS publishes playing rules in 17 sports, and offers approximately 30 different rules-related publications. NFHS rules cover the sports of baseball, basketball, cross country, field hockey, football, girls gymnastics, ice hockey, boys lacrosse, girls lacrosse, soccer, softball, spirit, swimming and diving, track and field, volleyball, water polo and wrestling.

NFHS rules committees are composed of representatives from member state associations, as well as one representative on each committee from the NFHS Coaches Association and NFHS Officials Association. Annual proposed rules changes by the rules committees are formally approved by the NFHS Board of Directors.

### A number of important revisions were made by NFHS rules committees in 2017-18 including:



**Baseball** – The requirement for the entire pivot foot to be in contact with the pitcher’s plate has been eliminated because of the difficulty for pitchers to consistently make contact with the pitcher’s plate when pivoting. New signals were approved to improve communication between umpires, and the implementation date for baseballs to meet the NOCSAE standard was extended to January 1, 2020.



**Basketball** – An exception to the backcourt violation was approved to note that any player who was located in the backcourt may recover a ball that is deflected from the frontcourt by the defense. The change was made to ensure a team is not unfairly disadvantaged on a deflected pass. In addition, specifications of the ball were clarified to include “granulated surface” in the definition.



**Field Hockey** – Too many players on the field is a violation of the substitution rule. In addition, changes were made to increase the pace of play, including taking a free hit within 5 yards of the circle at the spot of the foul.



**Football** – Players who are detected with missing or improperly worn equipment during playing action will be removed from the game for at least one down, unless the improper equipment is directly attributable to a foul by the opponent. In other changes, another option was approved for teams on fouls committed by the kicking team during free kicks and scrimmage kicks, and defenseless player provisions do not apply to a passer until a legal forward pass is thrown.



**Ice Hockey** – Several changes dealing with equipment were approved to decrease risk of injury in the sport. Goalkeepers must wear pants or socks under leg pads to cover exposed skin on the legs, a HECC/ASTM protective full facemask is required and sticks must be free of any projections and all edges of the stick blade must be beveled.



**Boys Lacrosse** – A player cannot body-check an opponent in a defenseless position, and a player cannot initiate targeting, which is intentionally taking aim at the head/neck of an opponent for the purpose of making violent contact.



**Girls Lacrosse** – Self-start was adopted for restarting play outside of the critical scoring area in an attempt to increase the pace of play. In a risk-minimization change, a penalty zone was established that must be cleared when a defensive player commits a major foul in the 8-meter arc.



**Soccer** – Home and visiting uniforms were switched – the home team now wears dark jerseys and socks, and the visiting team wears solid white jerseys and solid white socks. In addition, if approved by the state association, players can participate while wearing a head covering.



**Softball** – Several equipment rules were approved with the goal of reducing injury, including prohibiting tinted eye shields for defensive face/head protection and permitting a softball bat to have an adjustable knob, provided the knob is permanently fastened by the manufacturer. Also, if a media area is designated it must be located in dead-ball territory.



**Spirit** – Four risk-minimization changes regarding inversions were approved, including two dealing with braced flips in a pyramid. The requirement for continuous hands-to-hands contact between the base and the top person in a single-base suspended roll was eliminated, and a spotter is required for tosses to single-base shoulder stands.



**Swimming and Diving** – New terminology was approved to define meet specifications and organization, and a pre-meet conference involving the referee, starter and captain and coach of each team should be held to review meet procedures. In diving, in non-championship meets, diving may now be the first event.



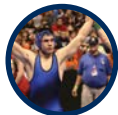
**Track and Field/Cross Country** – Further simplification of the uniform rule continued as the interpretation of a foundation garment was expanded to include any item worn under the uniform top and/or bottom. Through predominant color, uniforms must clearly indicate that members are from the same team. In cross country, the order of finish should be based on when the torso of the runner crosses the finish line.



**Volleyball** – In an effort to reduce risk of injury, teams may warm up in their playing area between sets; however, volleyballs may not be hit over the net. In addition, after a team is charged with unnecessary delay, no further substitutions may be requested by that team until the next completed rally.



**Water Polo** – A player receiving a second minor act of misconduct in a game will be excluded for the remainder of the game. Also, a yellow card for disruptive behavior may only be issued to the head coach or players on the bench. Other team personnel shall receive a red card for similar behavior.



**Wrestling** – New definitions for inbounds and out of bounds were approved. A wrestler is inbounds if two supporting points of either wrestler are inside or on the boundary line. This could be two supporting points of one wrestler or one supporting point of each wrestler that is inside or on the boundary line.

## Rules Materials



**Exams** – The NFHS provides online examinations as teaching tools designed to assist officials, coaches and players in understanding the finer points of the rules. Two exams are produced in some sports, with the Part 1 Exam used as a review or open-book test and the Part 2 Exam used as a closed-book exam for the purpose of advancing officials.



**Posters** – Full-color posters with key rules changes and points of emphasis are produced in most sports annually. The posters are designed to be placed in high-traffic areas in schools to keep coaches, players and others apprised of the latest rules changes.



**Interpretations** – Following the annual rules interpreters meeting in each sport, rules interpretations on new rules for the coming season are posted online and distributed to state associations.



**Questionnaires** – The NFHS distributes rules questionnaires through the state high school associations to coaches, officials and administrators. Results of the questionnaires are provided to the respective rules committees each year as new rules changes are considered.

## 2017-18 NFHS Citation Recipients

### STATE ASSOCIATIONS



Section 1  
Steve Timko  
New Jersey



Section 2  
Melissa Mertz  
Pennsylvania



Section 3  
Keith Alexander  
Louisiana



Section 4  
Craig Ihnen  
Iowa



Section 5  
David Cherry  
Kansas



Section 6  
T. J. Parks  
New Mexico



Section 7  
Becky Anderson  
Utah



Section 8  
Trevor Wilson  
Wyoming

### OFFICIAL



Joe Manjone  
Alabama

### COACH



Scott Evans  
New Mexico

### MUSIC



Alan Greiner  
Iowa

### SPEECH/DEBATE



Tara Tate  
Illinois

### ATHLETIC DIRECTORS



Marc Haight  
Kansas



Michael Krueger  
Colorado



Wendy Malich  
Washington



Jon Payne  
Ohio



Colin Roy  
Maine



Jamie Sheetz  
Utah



Jeffrey Sitz  
Wisconsin



Myles Wilson  
South Carolina

## Awards Program

The NFHS has a comprehensive awards program that honors high school athletic directors, coaches and officials; speech, debate, music and theatre teachers and directors; and state high school association staff members. In addition, the National High School Spirit of Sport Award and the National High School Heart of the Arts Award are presented annually.

NFHS Citations are presented annually to eight athletic directors, eight individuals involved with state associations, one contributor to the coaching profession, one contributor to officiating and two in the performing arts – one for music and one for speech/debate/theatre.

Other awards include the Award of Merit; American Tradition Award; State Awards for Outstanding Service; NFHS Speech, Debate and Theatre Association Outstanding Educator Awards; NFHS Music Association Outstanding Educator Awards; NFHS Coaches Association Awards; NFHS Officials Association Awards; NFHS Board of Directors Membership Awards; and NFHS Retiring President's Award.

The National High School Spirit of Sport Award was created 12 years ago to recognize those individuals who exemplify the ideals of the spirit of sport that represents the core mission of education-based athletics. One national winner and eight section winners are selected annually. The recipient of the 2018 national award was **Marissa Walker**, a student-athlete at Waterford (Connecticut) High School.

Similarly, the National High School Heart of the Arts Award recognizes individuals or groups who exemplify the "heart" of positive participation with activities that represent the core mission of education-based performing arts programs. The fifth annual national recipient was **Cecelia Egan**, a student at Riverside (Rhode Island) St. Mary Academy-Bay View.



MARISSA WALKER



CECELIA EGAN

## National High School Hall of Fame



Four outstanding former high school athletes were inducted at the 2018 ceremony in Chicago, Illinois. Athletes in the 2018 class included **Dick Fosbury** (1), who revolutionized the high school jump as an athlete at Medford (Oregon) High School in the early 1960s with his technique known as the “Fosbury Flop”; **Tom Osborne** (2), a three-sport stand-out athlete at Hastings (Nebraska) High School before his legendary 25-year career as football coach at the University of Nebraska; **Nicole Powell** (3), one of Arizona’s top all-time girls basketball players during her days at Mountain Pointe High School in Phoenix who later excelled at Stanford University and in the NBA; and **Carrie Tollefson** (4), who won five state cross country championships and eight individual track titles at Dawson-Boyd High School in Minnesota before winning an NCAA title and qualifying for the 2004 Olympic team.

Five coaches joined the Hall of Fame in 2018, including **Buddy Anderson** (5), the winningest football coach in Alabama history with 329 victories in 40 years (through the 2017 season) at Vestavia Hills High School; **Miller Bugliari** (6), the all-time leader nationally in boys soccer

coaching victories with a 850-116-75 record in 58 years (through the 2017 season) at The Pingry School in Basking Ridge, New Jersey; **Dorothy Gaters** (7), the Illinois state leader with 1,106 career victories in 42 years (through the 2017 season) as girls basketball coach at John Marshall High School in Chicago; **Jeff Meister** (8), who has led his girls and boys swimming teams at Punahou School in Honolulu, Hawaii, to 34 state championships; and **Bill O’Neil** (9), who retired in 2017 after winning almost 1,300 games as the boys ice hockey, girls soccer and girls softball coach at Essex High School in Essex Junction, Vermont.

The remainder of the 2018 class included **Roger Barr** (10), who retired in 2015 after a 43-year career in high school officiating in Iowa, including the final 13 years as director of officials for the Iowa High School Athletic Association; **Dick Neal** (11), who retired in 2013 after a 34-year career as executive director of the Massachusetts Interscholastic Athletic Association; and **Bill Zurkey** (12), who retired in 2012 after an outstanding 35-year career as a choral director in three Ohio schools, including the final 25 years at Avon Lake High School.

## Professional Organizations

The NFHS offers membership in four organizations for professionals associated with high school activity programs. The **NFHS Officials Association** is open to high school contest officials and has approximately 130,000 members. The **NFHS Coaches Association**, which is available for high school coaches across the country, has about 30,000 members. The **NFHS Music Association** aims to identify and meet the common needs of music educators who participate in, or sponsor, high school activities, which are an educational extension of the school music curriculum. The **NFHS Speech, Debate & Theatre Association** is open to those individuals involved in teaching or directing these programs within our nation's schools. In addition to specific benefits for each member association, the most significant benefits of all four professional organizations are national awards programs and \$1 million liability insurance while serving in these capacities.

## Rules App/E-Books

The NFHS continued to offer its rules books in a variety of formats, including its dedicated Rules App. Available via iTunes and Google Play, the Rules App provides access to NFHS rules books and case books in each sport and contains quizzes for all NFHS sports. The app is free to download and users then subscribe to their choice of books at a cost of \$6.99 a book. Paid members of the NFHS Coaches Association and NFHS Officials Association receive access to all publications as a member benefit.

Rules publications can also be purchased as e-books through Amazon and iTunes. Information on both the Rules App and e-books is available at [www.nfhs.org/erules](http://www.nfhs.org/erules).



## Publications

As it has done for many years, the NFHS continued to be this country's most prolific supplier of sports rules publications. Almost 30 rules publications are produced annually in 17 different sports for boys and girls, and about two million copies of these publications and others are printed annually.

**High School Today** remains the flagship publication of the NFHS as more than 75,000 copies are distributed eight times a year to the key leaders in our nation's high schools. In addition, another 1.8 million individuals receive the issue online each month.

Although some publications have been moved online to more effectively meet the needs of the membership and general public, the NFHS continues to print several important publications including the **Court and Field Diagram Guide**, **NFHS Handbook**, **Statisticians' Manual** and **Scorebooks** in 11 sports.



## Sanctioning

Sanctioning of athletic contests by the NFHS provides that approved programs adhere to sound and detailed criteria that meet the specific requirements of a school or a group of schools based upon experience and tradition. The NFHS sanctioning program has as its primary purpose to protect the welfare of high school students. Also, it seeks to protect the existing programs sponsored by member schools.

Any interstate competition involving two or more schools that is co-sponsored by an organization outside the high school community, in addition to being sponsored by a member school, an approved school or a state association, shall require sanction of the NFHS office.

## National Debate Topic

Every year, the NFHS coordinates the selection of the National High School Policy Debate Topic. In December, the five topic areas were narrowed to two as part of a two-part balloting process by member state associations. Use of the second ballot ensures that a majority of coaches across the nation favor the chosen topic area and resolution. The debate topic for the 2017-18 year was Education Reform.

## National Meetings

Annual summer and winter meetings of the NFHS membership are held for state association executive officers and staff, board members and others. These meetings are rotated to different parts of the country each year. The 2018 NFHS Summer Meeting was held in Chicago, Illinois, and the 2018 Winter Meeting was held in Scottsdale, Arizona. The NFHS also sponsors an Annual Legal Meeting and a Professional Development Summit on emerging issues, which were started in 1998 and are held in conjunction with the spring meeting of the NFHS Board of Directors in Indianapolis.

The largest meeting conducted by the NFHS each year is the National Athletic Directors Conference, which is conducted in partnership with the National Interscholastic Athletic Administrators Association (NIAAA) and annually attracts about 2,000 athletic directors and spouses, and approximately 300 exhibitors. The 2017 conference was held in Phoenix, Arizona.



## Authenticating Mark Program



When administrators, coaches and officials see the Authenticating Mark on equipment, they know that the games are being played with sophisticated equipment that meets high standards.

Through the 2017-18 school year, about 60 sports equipment manufacturers are participating in the NFHS Authenticating Mark Program. All balls and pucks used in interscholastic competition in sports played by NFHS rules must carry the NFHS Authenticating Mark. Equipment displaying the Authenticating Mark includes baseballs, softballs, footballs, basketballs, ice hockey pucks, volleyballs, lacrosse balls, soccer balls, water polo balls and field hockey balls.



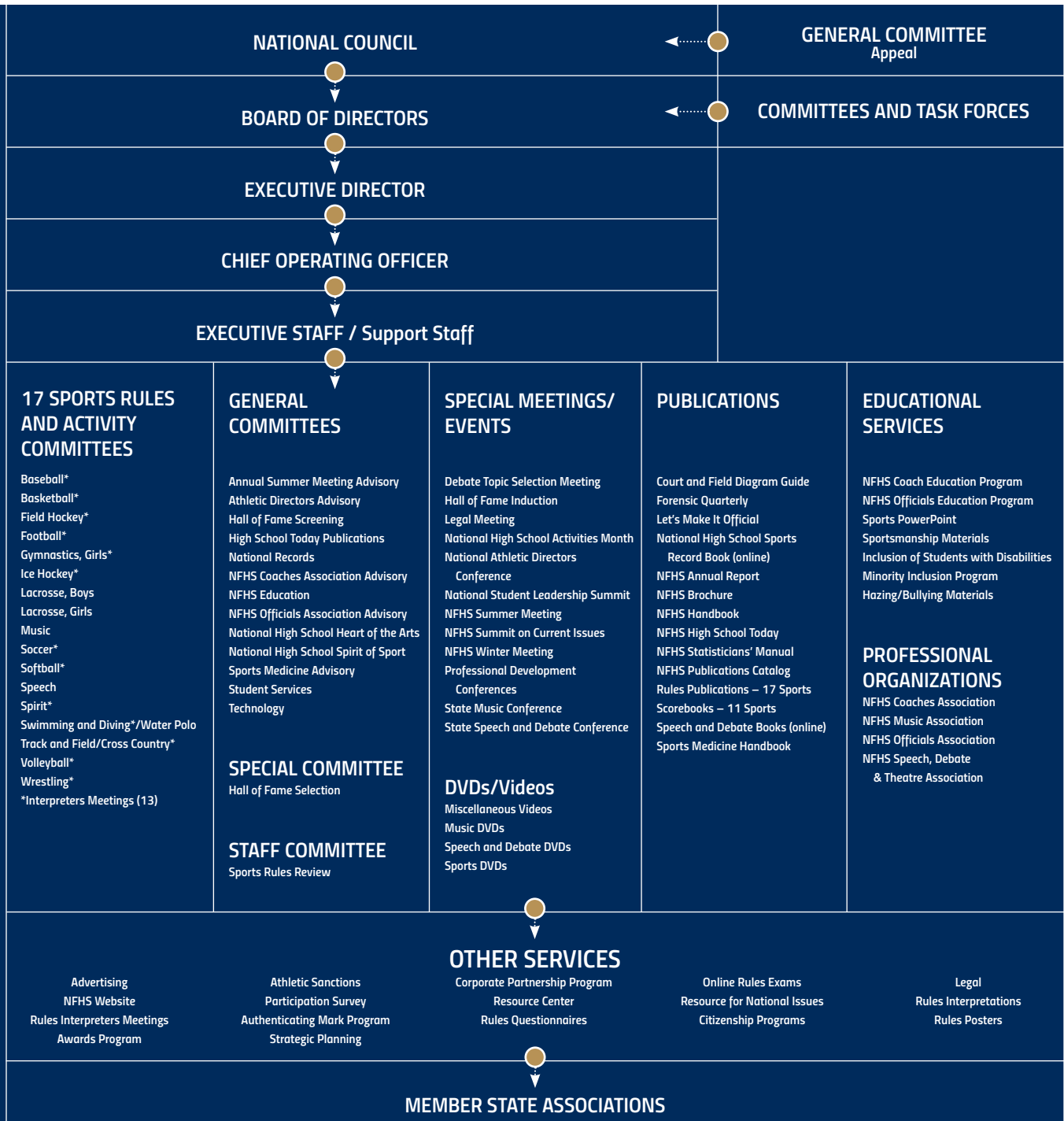
## Sports Medicine

In its 21<sup>st</sup> year of existence, the NFHS Sports Medicine Advisory Committee (SMAC) continued to address timely issues related to rules-writing and other programs and services of the NFHS. Some of the major issues in 2017-18 were concussions, sudden cardiac arrest, heat acclimatization and heat illness, overuse injuries, communicable skin diseases and mental health.

The NFHS SMAC devoted considerable time to the Sports Medicine section of the NFHS website in 2017-18. The committee updated all of the sports medicine resources and included new information on the National High School Sports Injury Surveillance System and the National Center for Catastrophic Sports Injury Research. The committee also revised some NFHS SMAC Position Statements, Guidelines and Recommendations.

The NFHS hosted the **2018 National High School Sports Medicine Summit** with the National Athletic Trainers Association (NATA) and the American Medical Society for Sports Medicine (AMSSM) in April in Indianapolis. The summit was offered for member state association executive directors, staff liaisons for sports medicine and the chairs of their respective state association Sports Medicine Advisory Committee. The overall goal of the two-day summit was to share evidence-informed best practices in some of the following areas: injury surveillance, concussion management, emergency action plans, communicable skin disease, overuse/sport specialization, mental health issues in high school sports and wrestling weight management.

# ORGANIZATIONAL CHART



# MEMBER STATE ASSOCIATIONS

Alabama High School Athletic Association (1924)  
Alaska School Activities Association (1956)  
Arizona Interscholastic Association (1925)  
Arkansas Activities Association (1924)  
California Interscholastic Federation (1940)  
Colorado High School Activities Association (1924)  
Connecticut Interscholastic Athletic Conference (1926)  
Delaware Interscholastic Athletic Association (1945)  
District of Columbia State Athletic Association (1958)  
Florida High School Athletic Association (1926)  
Georgia High School Association (1929)  
Hawaii High School Athletic Association (1957)  
Idaho High School Activities Association (1926)  
Illinois High School Association (1920)  
Indiana High School Athletic Association (1924)  
Iowa High School Athletic Association (1920)  
Kansas State High School Activities Association (1923)  
Kentucky High School Athletic Association (1941)

Louisiana High School Athletic Association (1925)  
Maine Principals' Association (1939)  
Maryland Public Secondary Schools Athletic Association (1946)  
Massachusetts Interscholastic Athletic Association (1944)  
Michigan High School Athletic Association (1920)  
Minnesota State High School League (1923)  
Mississippi High School Activities Association (1924)  
Missouri State High School Activities Association (1926)  
Montana High School Association (1934)  
Nebraska School Activities Association (1924)  
Nevada Interscholastic Activities Association (1939)  
New Hampshire Interscholastic Athletic Association (1945)  
New Jersey State Interscholastic Athletic Association (1942)  
New Mexico Activities Association (1932)  
New York State Public High School Athletic Association (1926)  
North Carolina High School Athletic Association (1949)  
North Dakota High School Activities Association (1923)

Ohio High School Athletic Association (1924)  
Oklahoma Secondary School Activities Association (1924)  
Oregon School Activities Association (1931)  
Pennsylvania Interscholastic Athletic Association (1924)  
Rhode Island Interscholastic League (1952)  
South Carolina High School League (1947)  
South Dakota High School Activities Association (1923)  
Tennessee Secondary School Athletic Association (1925)  
Texas University Interscholastic League (1969)  
Utah High School Activities Association (1927)  
Vermont Principals' Association (1945)  
Virginia High School League (1948)  
Washington Interscholastic Activities Association (1936)  
West Virginia Secondary School Activities Commission (1925)  
Wisconsin Interscholastic Athletic Association (1920)  
Wyoming High School Activities Association (1936)

*Date in parentheses indicates the year the organization joined the NFHS.*



**National Federation of State High School Associations**

PO Box 690 | Indianapolis, Indiana 46206  
Phone: 317-972-6900 | Fax: 317.822.5700  
[www.nfhs.org](http://www.nfhs.org)