



Take Part. Get Set For Life.™

National Federation of State High School Associations



# Annual Report 2013-14



## **WE BELIEVE**

Participation in education-based interscholastic athletics and performing arts programs:

- Enriches each student's educational experience.
- Promotes student academic achievement.
- Develops good citizenship and healthy lifestyles.
- Fosters involvement of a diverse population.
- Promotes positive school/community relations.
- Is a privilege.

## **THE NFHS:**

- Promotes and protects the defining values of education-based interscholastic activity programs in collaboration with its member state associations.
- Serves as the recognized national authority on education-based interscholastic activity programs.
- Serves as the pre-eminent authority on competition rules for education-based interscholastic activity programs.
- Promotes fair play and seeks to minimize risk for student participants through the adoption of national competition rules and delivery of programs and services.
- Delivers quality educational programs to serve the changing needs of state associations, school administrators, coaches, officials, students and parents.
- Provides professional development for NFHS member state association staff believing that cooperation among state associations advances their individual and collective well-being.



Take Part.  
Get Set For Life™

# HISTORY



H.V. Porter



Clifford B. Fagan



Brice B. Durbin



Robert F. Kanaby



Robert B. Gardner

The National Federation of State High School Associations had its beginning on May 14, 1920, during a meeting in Chicago with representatives from Illinois, Indiana, Iowa, Michigan and Wisconsin. The primary purpose of that first meeting was to discuss problems that had resulted from high school contests organized by colleges and universities or by other clubs or promoters. Little attention was being paid to eligibility rules of the high school associations or to other school group regulations, and chaotic conditions had developed.

Because of this concern, the “Midwest Federation of State High School Athletic Associations” was formed. In 1921, Illinois, Indiana, Iowa, Michigan and Wisconsin became charter members of the NFHS. In 1923, the organization’s name was changed to the National Federation of State High School Athletic Associations. By 1930, 28 state associations had joined the organization, and, by 1940, seven others had come aboard. When the Texas University Interscholastic League joined the NFHS in 1969, all 50 state associations plus the District of Columbia were members.

By 1940, a national office with a full-time executive staff became necessary. The office was established in Chicago, Illinois, and H.V. Porter was appointed executive secretary and treasurer. Following Mr. Porter’s retirement in 1958, Clifford B. Fagan was selected executive secretary.

In 1970, “athletic” was removed from the name of the organization because of services in fine arts activities. The organization henceforth was known as the National Federation of State High School Associations.

In 1972, the office was moved from Chicago to Elgin, Illinois, a Chicago suburb. Brice B. Durbin was named executive secretary-designate in February 1976 and officially succeeded Mr. Fagan as executive director in September 1977. The headquarters were moved from Elgin, Illinois, to Kansas City, Missouri, on May 1, 1979. After Mr. Durbin’s retirement in January 1993, Robert F. Kanaby became the fourth full-time executive director. In 1997, NFHS was adopted as the new acronym. On February 1, 2000, the organization relocated to Indianapolis, Indiana. Mr. Kanaby retired in May 2010, and he was succeeded by Robert B. Gardner, who became the fifth full-time executive director.

# GREETINGS FROM THE NFHS

## DEAR FRIENDS,

As we look back to the 2013-14 school year, we are reminded of the privilege we have to work in education-based athletics and activities. While there are challenges ahead, making a difference in the lives of more than 11 million participants in high school athletics and performing arts programs provides a good feeling at the end of each and every day.

Almost every week there is a feel-good story about a high school student going above and beyond the call of duty to help someone else. One example this past year was a great display of sportsmanship at the Wisconsin Interscholastic Athletic Association State Wrestling Championship, where Mohamed Fall of Milwaukee Bradley Tech High School raised the hand of Jared Scharenbrock of Sun Prairie High School, the winner of the 152-pound match. More than winning a game or a state title, these programs are preparing our young people for the game of life.

Concern about concussions sustained by high school student-athletes continues to be a front-burner issue. The NFHS assembled a 24-member task force last summer composed of medical experts and key national leaders. The task force agreed on nine fundamentals to reduce the risk of concussions in high school football, including several recommendations that focus on reducing the amount of full contact during the season. Our member state associations will be using these recommendations to develop statewide policies in 2015.

While we were pleased with a rise in sports participation for the 25th consecutive year, the best news perhaps was the first increase in football participation in five years. In a year when concern about concussions had some people questioning the future of the sport, the survey reported an additional 6,607 participants in 11-player football.

We were encouraged with the first year of the NFHS Network as there was live coverage of more than 28,000 events via the Internet at [www.NFHSnetwork.com](http://www.NFHSnetwork.com). We had 34 states join as members in the first year, with five additional states providing content through the School Broadcast Program. More than \$100,000 in revenue was distributed to the schools involved in the School Broadcast Program.

With the highly successful NFHS Coach Education Program and our national magazine, *High School Today*, the national presence of the NFHS continues to rise. As a testament to that growing national presence, the NFHS signed agreements with eight new companies as NFHS corporate partners. These partner relationships allow us to offer more programs and services for our member associations and their schools.

At the core of our mission every day is writing playing rules for boys and girls in high school sports, and we continue to print more than 1.3 million rules books, case books and related publications with a focus on sportsmanship and minimizing the risk of injury.

Sadly, we said goodbye to two longtime administrators this past year. Tim Flannery, who served on the staff for 16 years and who was instrumental in starting the NFHS Coach Education Program, and Kent Summers, director of our performing arts programs for 10 years, retired in 2014. We thank Tim and Kent for their immense contributions.

We appreciate your support of education-based activity programs in our nation's high schools.



Harold Slemmer, Arizona  
2013-14 President



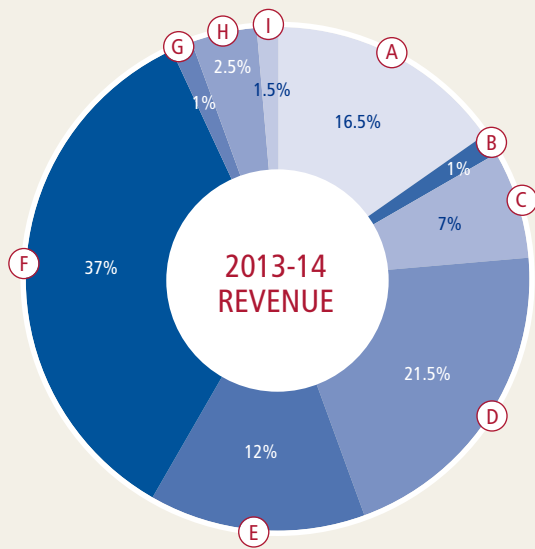
Tom Mezzanotte, Rhode Island  
2014-15 President



Robert B. Gardner  
Executive Director, NFHS

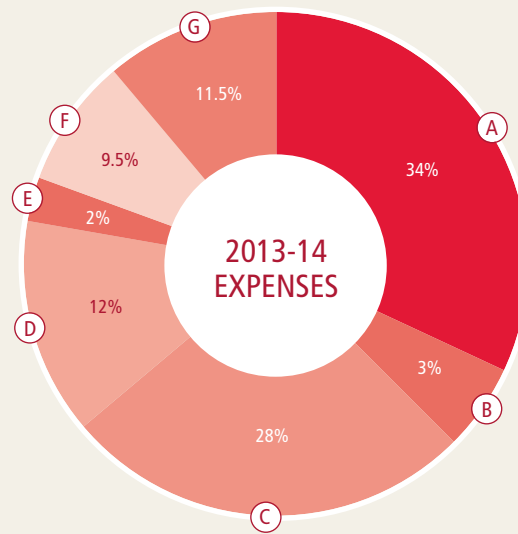


# NFHS FINANCIAL REPORT



## 2013-14 REVENUE

(A) Membership Dues – Professional Organizations	\$ 2,434,442
(B) Membership Dues – State Associations	\$ 144,100
(C) Meetings and Conferences	\$ 1,069,395
(D) Educational Programs	\$ 3,139,800
(E) Contributions, Royalties and Sponsors	\$ 1,748,769
(F) Sales	\$ 5,401,941
(G) Advertising	\$ 111,852
(H) Investment Return	\$ 359,766
(I) Other Income	\$ 221,894
<b>Total Revenue</b>	<b>\$ 14,631,959</b>



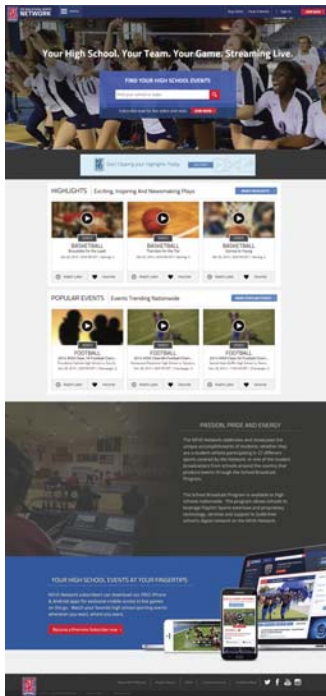
## 2013-14 EXPENSES

(A) Salaries and Benefits	\$ 4,707,026
(B) Membership Development	\$ 435,820
(C) Education and Professional Development	\$ 3,876,811
(D) Management and General	\$ 1,614,418
(E) Grants and Distributions	\$ 246,550
(F) Professional Organizations	\$ 1,329,903
(G) Rules-making Products and Publications	\$ 1,562,168
<b>Total Expenses</b>	<b>\$ 13,772,696</b>

# YEAR IN REVIEW

## NFHS NETWORK

The first year of the NFHS Network was a tremendous success as live coverage of more than 28,000 events occurred via the Internet at [www.NFHSnetwork.com](http://www.NFHSnetwork.com). This first-of-its-kind, all-digital network is a joint venture between PlayOn! Sports and the NFHS and its participating member associations.



The NFHS Network celebrates and showcases the unique accomplishments of students, both the student-athletes participating in the 27 different sports covered by the Network, and the student broadcasters from schools around the country that produce events through the School Broadcast Program.

After launching the Network on August 1, 2013, with 28 of the 51 NFHS-member associations, six other states joined in subsequent months to elevate the membership to 34. Although not official partners, five other states provided content through the School Broadcast Program, bringing the grand total to 39 states that participated in some capacity during the 2013-14 school year.

In the Network's first year, the 28,000 events attracted more than three million unique views and became the largest destination for high school sports broadcasts in the country with more than 10 million video views. The top 25 most-watched events included competitive cheerleading and spirit, football, individual and team wrestling, track and field, and a basketball bracket release show.

The School Broadcast Program created opportunities for many students to become involved in another aspect of high school sports. School-produced events accounted for more than 70 percent of the content on the NFHS Network, and the Network distributed more than \$100,000 in revenue to the schools affiliated with this program.

## CONCUSSION TASK FORCE

A 24-member task force featuring medical doctors, athletic trainers, high school coaches and key national leaders in high school sports met in July 2014 to formulate recommendations for minimizing head impact exposure and concussion risk in football.

Nine fundamentals for reducing the risk of concussion in high school football were developed by the task force and subsequently approved by the NFHS Board of Directors and NFHS Sports Medicine Advisory Committee (SMAC). These recommendations were designed to allow flexibility for state associations that collectively oversee the more than 15,000 high schools across the country that have football programs. As a result, each state high school association will be developing its own policies and procedures for implementation in the 2015 season. Many of the recommendations focus on reducing the amount of full contact, including limiting the amount of full contact in practices during the season.

The Concussion Summit was the latest effort by the NFHS to minimize risk for the almost 7.8 million student participants in high school sports. In 2008, the SMAC advocated that a concussed athlete must be removed from play and not allowed to play on the same day. For the past five years, all NFHS rules publications have contained guidelines for the management of a student exhibiting signs, symptoms or behaviors consistent with a concussion. In 2010, the NFHS developed an online course – “Concussion in Sports” – and about 1.7 million individuals have taken the course through the NFHS Coach Education Program at [www.nfhslearn.com](http://www.nfhslearn.com).



## NFHS COACH EDUCATION PROGRAM

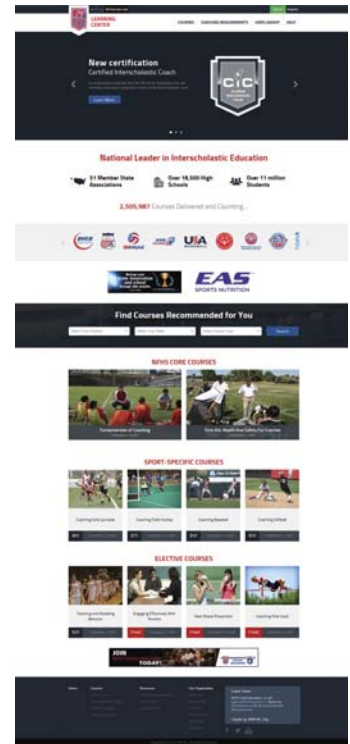
In its eighth year of existence, the NFHS Coach Education Program continues to be one of the most successful programs in the history of the organization. Toward the end of the 2013-14 year, the NFHS launched the Certified Interscholastic Coach (CIC) program – the second phase of its national certification program for interscholastic coaches. The CIC is a follow-up to the Accredited Interscholastic Coach (AIC) and is an additional professional credential for coaches or individuals who aspire to coach at the high school level. More than 14,000 individuals have obtained AIC certification.



Another sport-specific course – “Coaching Swimming” – was added this past year through a partnership with the National Interscholastic Swim Coaches Association (NISCA). This is the 16th sport-specific course now available online at [www.nfhslearn.com](http://www.nfhslearn.com).

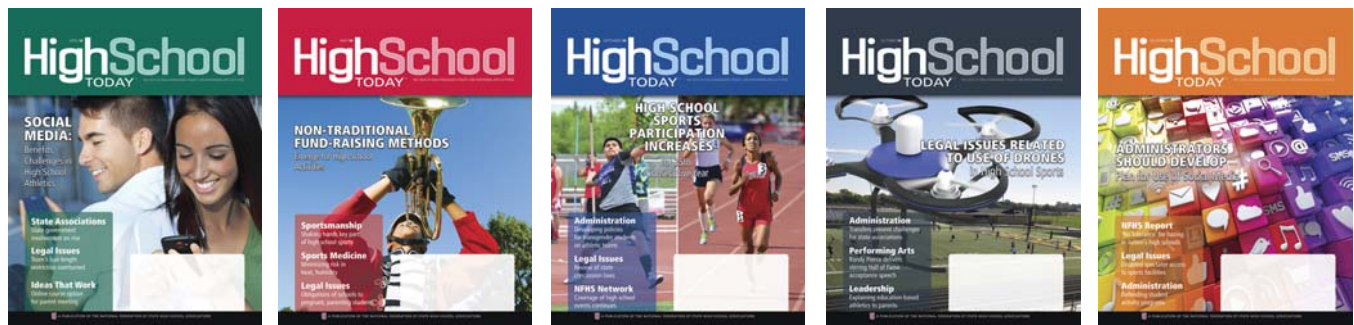
In addition to these new offerings, the NFHS Learning Center has a new look and a new learning management system. Users should find navigation easier on the [www.nfhslearn.com](http://www.nfhslearn.com) site.

With more than two million total courses delivered since the program’s inception in 2007, the NFHS Coach Education Program now offers 35 courses. In addition to the 16 sport-specific courses, there are two core courses – “Fundamentals of Coaching” and “First Aid, Health and Safety for Coaches” – and 17 elective courses, 14 of which are available at no cost.



## HIGH SCHOOL TODAY

The NFHS completed its seventh year of distributing its flagship publication – *High School Today* – to four key individuals at every high school in the United States. The slick, four-color magazine is mailed eight times a year to the superintendent, principal, athletic director and school board president at approximately 19,000 high schools for a total distribution of 75,000 per issue.



National issues in high school athletic and performing arts activities covered in 2013-14 included reporting of Title IX data at the high school level, naming rights to stadiums, importance/benefits of coaches education, liability for sports injuries, theatre activities as learning experiences for students, role of parents in high school activities, rulings in student free speech rights, school safety, justification for arts in schools, social media policies in schools, sports officials under assault, guidelines for competition in cold weather, selecting a superintendent – school board’s most important task, developing school sports programs for students with disabilities, state government involvement in state associations, Twitter policies for athletic departments, practice of shaking hands in high school sports, non-traditional fund-raising methods and minimizing risk in hot weather.

The 40- to 48-page publication is also available for viewing online at [www.nfhs.org](http://www.nfhs.org).

## DEVELOPMENT

As a strong indication of the growing national presence of the NFHS, eight new companies have signed agreements to be an NFHS Corporate Partner. Several of the new partners are exclusive sponsors of specific sports, including **Team IP** (swimming and diving), **Sports Imports** (volleyball), **Bag Tags** (ice hockey), **Big Teams** (field hockey), **Weather Decision Technologies** (soccer) and **Gill Athletics** (track and field). The other new corporate partners are **C2C Schools** (coach education sponsor) and **TeamSnap** (general sponsor). In addition, four long-time sponsors renewed agreements with the NFHS this year – **SMi Awards** (extended to June 2015), **Dissinger Reed** (extended to August 2017), **EAS Sports Nutrition** (coach education sponsor, extended to December 2015) and **Liberty Mutual** (extended to June 2015).

Overall, the NFHS has 15 corporate partners through the 2013-14 school year. Other corporate partners are **Universal Cheerleaders Association** (UCA), **Licensing Resource Group** (LRG) and **Home Team Marketing**.



## NATIONAL HIGH SCHOOL HEART OF THE ARTS AWARD



The first NFHS National High School Heart of the Arts Award was presented this past year as a companion award to the NFHS National High School Spirit of Sport Award. The Heart of the Arts Award was started to recognize individuals or groups who exemplify the “heart” of positive participation with activities that represent the core mission of education-based performing arts programs.

The first National High School Heart of the Arts Award was presented to **Leia Schwartz** of Miami (Florida) Coral Reef High School. Schwartz excelled in the performing arts, athletics and academics, and always tried to help those less fortunate than she – despite the fact that she nearly died at the age of six from a spontaneous pneumothorax, also known as a collapsed lung.

## STRATEGIC PLAN

The NFHS is in the fourth year of its five-year Strategic Plan. Titled the Mission Action Plan, following are the three major goals of the 2011-2016 NFHS Strategic Plan:

1. Professional development for NFHS member association staff.
2. Continuing education for NFHS member association constituents, including administrators, coaches, officials, students, parents and spectators.
3. Marketing initiatives that strengthen the NFHS financial position and promote the message of school-based athletic and performing arts activity programs.

## NFHS FOUNDATION

A record-amount of almost \$29,000 was raised for the NFHS Foundation at the 2014 NFHS Summer Meeting in Boston. A record 233 individuals registered for the Fun Run/Walk, and 209 participated – both all-time records. The event raised \$6,840. The golf tournament raised an estimated \$8,190, and the Silent Auction brought in \$8,084. Other fundraising events at the Summer Meeting were the 95-for-95 campaign (\$4,650) and golf hole-in-one sponsorship.



The NFHS Foundation serves the interest of young people who participate in interscholastic sports and activities by awarding grants for research and program development in the areas of character education and sports risk minimization. Since the NFHS Foundation was started in 1996, more than \$398,000 has been expended for risk minimization studies and for state association student leadership activities.

## SOCIAL MEDIA/TECHNOLOGY

In the summer of 2014, the NFHS unveiled its new-look website ([www.nfhs.org](http://www.nfhs.org)) in an effort to provide more content and improve the functionality of the site. The NFHS continued to expand its use of social media through Facebook and Twitter. In addition to announcing and promoting its own releases and programs, the NFHS has become a go-to resource for online articles and timely information about high school sports and activities through its social media presence.

Articles for high school coaches and officials are now incorporated on the Coaches and Officials pages, respectively, instead of their own online publications. This new ordering of information provides coaches and officials all pertinent information in one location on the website.



# PROGRAMS AND SERVICES

## SPORTS PARTICIPATION

The number of participants in high school sports increased for the 25th consecutive year in 2013-14 with a record total of almost 7.8 million, according to the annual High School Athletics Participation Survey conducted by the NFHS.

Participation reached an all-time high of 7,795,658 – an increase of 82,081 from the previous year. This one-year increase was the highest since 2009-10. Girls participation increased for the 25th consecutive year with an additional 44,941 participants from 2012-13 and set an all-time record of 3,267,664. Boys participation eclipsed 4.5 million for the first time (4,527,994), breaking the mark of 4,494,406 in 2010-11.

Among the top 10 boys sports, baseball registered the largest gain with an additional 7,838 participants, followed by football and soccer (6,437). The top 10 boys sports remained unchanged from last year: football, outdoor track and field, basketball, baseball, soccer, wrestling, cross country, tennis, golf, and swimming and diving.

Volleyball gained the most participants among girls sports (9,426) from the previous year, and its total of 429,634 was within 3,710 of basketball for the No. 2 position. Track and field, with an additional 5,946 participants from 2012-13, remained the No. 1 sport for girls, followed by basketball, volleyball, soccer, fast-pitch softball, cross country, tennis, swimming and diving, competitive spirit squads and lacrosse.

In terms of combined participation, lacrosse continued to register sizeable increases as overall participation for boys and girls increased by 9,744 to 188,689. The sport ranks 10th for girls and 11th for boys.

The top 10 states by participants remained in the same order as last year, with Texas and California topping the list with 805,299 and 783,008, respectively. The remainder of the top 10 was New York (389,475), Illinois (343,757), Ohio (325,448), Pennsylvania (317,318), Michigan (299,246), New Jersey (285,020), Florida (268,266) and Minnesota (232,909).

## ATHLETIC PARTICIPATION SURVEY TOTALS

Year	Boys Participants	Girls Participants	Total	Year	Boys Participants	Girls Participants	Total
1971-72	3,666,917	294,015	3,960,932	2000-01	3,921,069	2,784,154	6,705,223
1975-76	4,109,021	1,645,039	5,754,060	2005-06	4,206,549	2,953,355	7,159,904
1980-81	3,503,124	1,853,789	5,356,913	2010-11	4,494,406	3,173,549	7,667,955
1985-86	3,344,275	1,807,121	5,151,396	2011-12	4,484,987	3,207,533	7,692,520
1990-91	3,406,355	1,892,316	5,298,671	2012-13	4,490,854	3,222,723	7,713,577
1995-96	3,634,052	2,367,936	6,001,988	2013-14	4,527,994	3,267,664	7,795,658



## PLAYING RULES/RULES COMMITTEES

Writing playing rules for high school sports competition has been one of the key roles of the National Federation of State High School Associations since its beginning in 1920. The rules-writing program, which stresses “grassroots” input, was initiated in order for high schools, coaches, athletic administrators and interscholastic officials to have direct influence in developing rules.

NFHS rules are written for varsity competition among student-athletes of high school age, and are intended to maintain the sound traditions of the sport, encourage sportsmanship and minimize the inherent risk of injury.

The NFHS publishes playing rules in 16 sports, and offers approximately 30 different rules-related publications. NFHS rules cover the sports of baseball, basketball, cross country, field hockey, football, girls gymnastics, ice hockey, boys lacrosse, soccer, softball, spirit, swimming and diving, track and field, volleyball, water polo and wrestling.

NFHS rules committees are composed of representatives from member state associations, as well as one representative on each committee from the NFHS Coaches Association and NFHS Officials Association. Annual proposed rules changes by the rules committees are formally approved by the NFHS Board of Directors.

**A number of important revisions were made by NFHS rules committees in 2013-14 including:**

- **Football** – For the first time, targeting was defined as a penalty. Targeting is the act of taking aim and initiating contact above the shoulders with the helmet, forearm, hand, fist, elbow or shoulders. Further risk minimization efforts were approved by defining a defenseless player and requiring at least four players on each side of a kicker during a kickoff.
- **Soccer** – A goalkeeper must now leave the field when he/she is injured when the referee has stopped the clock, similar to the requirement of other players. However, the goalkeeper must be replaced by a field player or substitute.
- **Volleyball** – The rules committee approved the addition of a school name or mascot reference to be placed on the sleeve of jerseys. The change allows teams to promote school spirit and team unity. The responsibility of the second referee was clarified to signal out of bounds for an antenna fault on his or her side of the net.
- **Field Hockey** – With more games played on fields with large scoreboards, the committee adjusted the rules to state when a visible scoreboard is used as the game clock, it shall be the official clock; however, the official's whistle is still the signal that time has ended. Also, both officials are now responsible for ensuring that the official game clock is correct.
- **Spirit** – Risk minimization and greater creativity was at the center of the spirit rules changes. Now, a base person must keep contact with the top person to stabilize during an inverted partner stunt and pyramid. Also, inverted partner stunts must begin and end below an extended position, but now can pass through an extended position, which was previously prohibited.
- **Basketball** – Players in marked lane spaces are now able to move into the lane when the ball is released by a free-throw shooter. The committee also addressed excessive contact on ball-handlers. It is a foul when the defender places two hands or an extended arm bar on the ball-handler/dribbler, placing and keeping a hand on the ball-handler/dribbler and contacting the player more than once.
- **Wrestling** – Bad time is now wrestled with the wrestlers in the wrong position or the wrong wrestler being given choice of position at the start of the second 30-second tiebreaker and at the start of the ultimate tiebreaker. Previously, these scenarios were not included in the definition of bad time.
- **Swimming and Diving** – In the backstroke event, a swimmer's body must be on or above the water at the finish of the backstroke event. Previously, a swimmer could submerge on the turn or finish. The scale for diving judges was also adjusted by revising five of the seven categories bringing it in line with the NCAA, USA Diving and FINA.
- **Ice Hockey** – More stringent penalties for boarding and checking from behind were adopted. It is now an automatic major penalty for boarding and checking from behind. Furthermore, if the check causes the player to crash headfirst into the boards, either a major and misconduct penalty, or a game disqualification penalty must be assessed.
- **Softball** – With the development of helmets with a mirror-like surface, rules were revised to ensure that batting helmets have a non-glare surface.
- **Baseball** – Teams are now allowed to use video monitoring or replay equipment for coaching purposes during games. This equipment was previously allowed, but not for coaching purposes. Also, the distinction between follow-through interference and backswing interference was clarified. Follow-through interference occurs after the batter has swung at the pitch and hinders action at home plate.
- **Track and Field/Cross Country** – The prohibition of jewelry was eliminated after it was determined that the wearing of jewelry presents little risk of injury to competitors or opponents. Also, in field events, an additional trial will be allowed when an implement breaks – and becomes illegal – during competition and is not the fault of the competitor.
- **Boys Lacrosse** – Restarts by the defensive team no longer will be required to take place outside the goal area, so long as any player is not within 5 yards of the ball carrier. Also, additional strings or laces (e.g., shooting strings, V channels) must be located within 4 inches of the top of the crosse. No more than one side-wall string on each side is allowed.

## 2013-14 NFHS CITATION WINNERS

### STATE ASSOCIATIONS



Paul Hoey



Brad Cashman



Gary Phillips



Sandy Searcy



Debra Velder



Wadie Moore



Marie Ishida



Gary Matthews

### OFFICIAL



Jeff Hilyer

### COACH



Tom Zimorski

### MUSIC



Rosanne Malek

### SPEECH/DEBATE



Ken Pickering

### ATHLETIC DIRECTORS



Rich Bechard



Maurice Campbell



Roger Dixon



Mark Horak



Fred Lilly



Bruce Phelps



Patrick Pizzarelli



Greg Smith

## AWARDS PROGRAM

The NFHS has a comprehensive awards program that honors high school athletic directors, coaches and officials; speech, debate, music and theatre teachers and directors; and state high school association staff members. In addition, the National High School Spirit of Sport Award and the National High School Heart of the Arts Award are presented annually.

NFHS Citations are presented annually to eight athletic directors, eight state association staff members, as well as one coach, one official and two in the performing arts – one for music and one for speech/debate/theatre.

Other awards include the Award of Merit; American Tradition Award; State Awards for Outstanding Service; NFHS Speech, Debate and Theatre Association Outstanding Educator Awards; NFHS Music Association Outstanding Educator Awards; NFHS Coaches Association Awards; NFHS Officials Association Awards; NFHS Board of Directors Membership Awards; and NFHS Retiring President's Award.

The National High School Spirit of Sport Award was created eight years ago to recognize those individuals who exemplify the ideals of the spirit of sport that represents the core mission of education-based athletics. One national winner and eight section winners are selected annually. The recipient of the 2014 award was Zach Pickett, a water polo player at Shingle Springs (California) Ponderosa High School.

Zach Pickett, 2014 National High School Spirit of Sport Award recipient



## NATIONAL HIGH SCHOOL SPORTS RECORD BOOK

The National High School Sports Record Book got an online makeover in 2014 with the redesign of the NFHS website. The new-look site will continue to evolve with the addition of photos and other media to the listings in the future.

Of the numerous records set during the 2013-14 school year, the most exciting additions were the remarkable performances of two prolific scorers in girls basketball. **Victoria Vivians** (Forest Scott Central, Mississippi) and **Tyra Buss** (Mt. Carmel, Illinois) each made a run at the all-time scoring mark in the sport, finishing their careers second and third, respectively, on the career scoring list.

Vivians became just the second player ever to eclipse 5,000 career points at 5,172. She also ranks second all time with 1,862 field goals and third all time with 1,110 free throws. Her scoring average of 46.2 points per game last year ranks fifth all time. Overall, her name appears more than a dozen times in the record book.

Buss finished her career with 4,897 points, third all time. Her mark of 1,185 free throws is the second most all time, and her career scoring average of 38 points per game ranks fifth all time. Buss was very proficient getting to the free-throw line; each of her four seasons rank for most free throws made in a season.

**Corinne Wessels** (Manassas Osbourn Park, Virginia) completed a well-rounded lacrosse career with 765 points, most all time. Her total of 438 career goals ranks third all time, while her 327 career assists tops the all-time list.

Three national records were set in girls swimming, with **Abbey Weitzel** (Saugus, California) claiming two. Weitzel set new marks in the 100-yard freestyle (:47.82) and the 50-yard freestyle (:21.98). In addition, **Kathryn McLaughlin** (Rancho Santa Margarita Catholic, California) is the new national record-holder in the 100-yard butterfly (:51.78).



Kathryn McLaughlin

The **Baylor School's** (Chattanooga, Tennessee) boys 200-yard medley team notched a national record with a time of 1:27.74, while **Jacob Molacek** (Omaha Creighton Prep, Nebraska) swam to a record in the 100-yard breaststroke (:52.92), and Joseph Schooling lowered his own national record in the 100-yard butterfly (:45.52).

**Brock Harmon** (Washington, Oklahoma) had one of the most unique football records of 2013. Harmon returned three interceptions for touchdowns in one quarter. Also, **Grant Sherman** (Kenton, Ohio) completed 440 passes as a senior in 2013 to set the national record.



Victoria Vivians



Tyra Buss



## NATIONAL HIGH SCHOOL HALL OF FAME

The National High School Hall of Fame was started in 1982 by the NFHS to honor high school athletes, coaches, officials, administrators and others for their outstanding contributions to and achievements in high school sports. After 20 years as a sports-only hall of fame, individuals in the fine arts area became eligible in 2003. Through the first 32 classes, there are now 423 members of this prestigious hall of fame.

Five outstanding former high school athletes were inducted at the 2014 ceremony in Boston, including **Casey Blake (1)**, who was a four-sport star at Indianola (Iowa) High School before his 13-year career in professional baseball with five teams, including the Cleveland Indians and Los Angeles Dodgers; **Michael Devereaux (2)**, a four-sport standout at Kelly Walsh High School in Casper, Wyoming, before an outstanding 12-year professional baseball career that included a World Series title with the Atlanta Braves in 1995; **Anfernee “Penny” Hardaway (3)**, who scored more than 3,000 points during his basketball career at Treadwell High School in Memphis, Tennessee, before his all-star career with the Orlando Magic in the NBA; **Ozzie Newsome (4)**, a football, basketball and baseball star at Colbert County High School in Alabama before becoming one of the greatest tight ends in NFL history with the Cleveland Browns; and **Suzy Powell (5)**, a basketball and track and field star at Thomas Downey High School in Modesto, California, who competed in three Olympic Games.

Four coaches joined the Hall of Fame in 2014, including **Morgan Gilbert (6)**, who won more than 1,000 games as both a basketball coach and baseball coach at Tuckerman (Arkansas) High School; **Katie Horstman (7)**, who started the girls sports program at Minster (Ohio) High School in 1972 and led the girls track team to eight state championships; **Bob McDonald (8)**, who won more than 1,000 games and three state titles as basketball coach at Chisholm (Minnesota) High School; and **Frank Pecora (9)**, the first inductee from Vermont after leading Northfield High School to 15 state baseball titles during an outstanding 38-year career.

The remainder of the 2014 class included **George Demetriou (10)**, a football and baseball official from Colorado Springs, Colorado, who is a state and national leader in both sports; **Sheryl Solberg (11)**, a state and national leader in the development of girls athletics programs during her 34 years as an assistant director of the North Dakota High School Activities Association; and **Randy Pierce (12)**, a state and national debate leader who coached debate at Pattonville High School in Maryland Heights, Missouri, for almost 40 years.

## PUBLICATIONS

As it has done for many years, the NFHS continued to be this country's most prolific supplier of sports rules publications. Almost 30 rules publications are produced annually in 16 different sports for boys and girls, and more than 1.3 million copies of these publications are printed annually.

**High School Today** remains the flagship publication of the NFHS as more than 75,000 copies are distributed eight times a year to the key leaders in our nation's high schools.

Although some publications have been moved online to more effectively meet the needs of the membership and general public, the NFHS continues to offer several important publications including the **Court and Field Diagram Guide**, **NFHS Handbook**, **Statisticians' Manual** and **Scorebooks** in 11 sports.



## SANCTIONING

Sanctioning of athletic contests by the NFHS provides that approved programs adhere to sound and detailed criteria that meet the specific requirements of a school or a group of schools based upon experience and tradition. The NFHS sanctioning program has as its primary purpose to protect the welfare of high school students. Also, it seeks to protect the existing programs sponsored by member schools.

Any interstate competition involving two or more schools that is co-sponsored by an organization outside the high school community, in addition to being sponsored by a member school, an approved school or a state association, shall require sanction of the NFHS office.

## NATIONAL DEBATE TOPIC

Every year, the NFHS coordinates the selection of the National High School Policy Debate Topic. In December, the five topic areas were narrowed to two as part of a two-part balloting process by member state associations. Use of the second ballot ensures that a majority of coaches across the nation favor the chosen topic area and resolution. The debate topic for the 2013-14 year was Latin America.

## NATIONAL MEETINGS

Annual summer and winter meetings of the NFHS membership are held for state association executive officers and staff, board members and others. These meetings are rotated to different parts of the country each year. The 2014 NFHS Summer Meeting was held in Boston, Massachusetts, and the 2014 Winter Meeting was held in Scottsdale, Arizona. The NFHS also sponsors an annual Legal Meeting and a Professional Development Summit on emerging issues, which was started in 1998 and is held in conjunction with the spring meeting of the NFHS Board of Directors in Indianapolis.

The largest meeting conducted by the NFHS each year is the National Athletic Directors Conference, which is conducted in partnership with the National Interscholastic Athletic Administrators Association (NIAAA) and annually attracts about 2,000 athletic directors, spouses and exhibitors. The 2013 conference was held in Anaheim, California.



## **AUTHENTICATING MARK PROGRAM**

When administrators, coaches and officials see the Authenticating Mark on equipment, they know that the games are being played with sophisticated equipment that meets high standards.

Through the 2013-14 school year, about 60 sports equipment manufacturers are participating in the NFHS Authenticating Mark Program. All balls and pucks used in interscholastic competition in sports played by NFHS rules must carry the NFHS Authenticating Mark. Equipment displaying the Authenticating Mark includes baseballs, softballs, footballs, basketballs, ice hockey pucks, volleyballs, lacrosse balls, soccer balls, water polo balls and field hockey balls.

## **SPORTS MEDICINE**

In its 17th year of existence, the NFHS Sports Medicine Advisory Committee (SMAC) continued to address timely issues related to rules-writing and other programs and services of the NFHS. Some of the issues in 2013-14 were concussions, injury prevention, Injury Surveillance System (ISS), communicable skin diseases, heat acclimatization and heat illness prevention, emergency action planning and coach education.

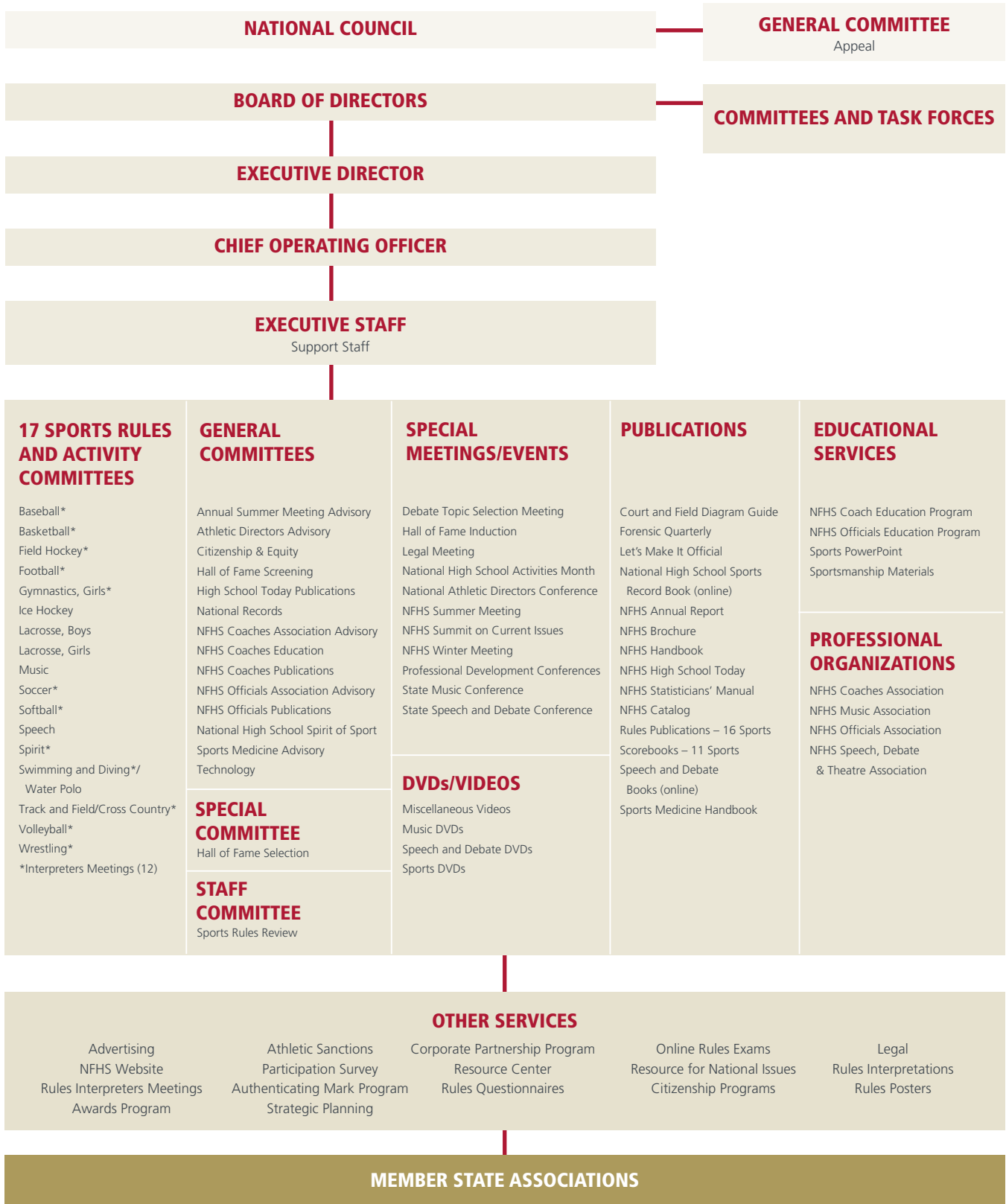
The Annual Survey of Football Injury Research indicated eight direct deaths related to high school football in 2013. There were eight indirect deaths in high school football in 2013, as seven were heart-related, and one was related to other medical conditions. The committee continues to address ways to reduce heat- and heart-related deaths in the sport. The purpose of the survey is to assist in minimizing risk in the game of football.

The NFHS SMAC devoted considerable time to the Sports Medicine section of the NFHS website in 2013-14. The committee updated all of the sports medicine resources and included new information on the National High School Sports Injury Surveillance System and the National Center for Catastrophic Sports Injury Research. The committee also revised some NFHS SMAC Position Statements, Guidelines and Recommendations.

The NFHS SMAC also updated the 2015 NFHS Sports Medicine Handbook. The fifth edition will be available in early 2015.



# ORGANIZATIONAL CHART



# NFHS BOARD OF DIRECTORS



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1. Tom Mezzanotte, Section 1 (President)  
Rhode Island Interscholastic League
2. Tom Welter, Section 8 (President-Elect)  
Oregon School Activities Association
3. Gary Ray, Section 2  
West Virginia Secondary School Activities  
Commission
4. Jerome Singleton, Section 3  
South Carolina High School League
5. Marty Hickman, Section 4  
Illinois High School Association
6. Gary Musselman, Section 5  
Kansas State High School Activities  
Association
7. Lance Taylor, Section 6  
Arkansas Activities Association
8. Eddie Bonine, Section 7  
Nevada Interscholastic Activities Association
9. Michael Rubin, Sections 1 & 4, At Large  
East Boston High School  
East Boston, Massachusetts
10. Linda Henrie, Sections 2 & 6, At Large  
Mesquite ISD  
Mesquite, Texas
11. Anna Battle, Sections 3 & 7, At Large  
Tempe Union High School District  
Tempe, Arizona
12. Toni Hill, Sections 5 & 8, At Large  
Bloomfield School District  
Bloomfield, Missouri

# MEMBER STATE ASSOCIATIONS

Alabama High School Athletic Association (1924)	Louisiana High School Athletic Association (1925)	Ohio High School Athletic Association (1924)
Alaska School Activities Association (1956)	Maine Principals' Association (1939)	Oklahoma Secondary School Activities Association (1924)
Arizona Interscholastic Association (1925)	Maryland Public Secondary Schools Athletic Association (1946)	Oregon School Activities Association (1931)
Arkansas Activities Association (1924)	Massachusetts Interscholastic Athletic Association (1944)	Pennsylvania Interscholastic Athletic Association (1924)
California Interscholastic Federation (1940)	Michigan High School Athletic Association (1920)	Rhode Island Interscholastic League (1952)
Colorado High School Activities Association (1924)	Minnesota State High School League (1923)	South Carolina High School League (1947)
Connecticut Interscholastic Athletic Conference (1926)	Mississippi High School Activities Association (1924)	South Dakota High School Activities Association (1923)
Delaware Interscholastic Athletic Association (1945)	Missouri State High School Activities Association (1926)	Tennessee Secondary School Athletic Association (1925)
District of Columbia State Athletic Association (1958)	Montana High School Association (1934)	Texas University Interscholastic League (1969)
Florida High School Athletic Association (1926)	Nebraska School Activities Association (1924)	Utah High School Activities Association (1927)
Georgia High School Association (1929)	Nevada Interscholastic Activities Association (1939)	Vermont Principals' Association (1945)
Hawaii High School Athletic Association (1957)	New Hampshire Interscholastic Athletic Association (1945)	Virginia High School League (1948)
Idaho High School Activities Association (1926)	New Jersey State Interscholastic Athletic Association (1942)	Washington Interscholastic Activities Association (1936)
Illinois High School Association (1920)	New Mexico Activities Association (1932)	West Virginia Secondary School Activities Commission (1925)
Indiana High School Athletic Association (1924)	New York State Public High School Athletic Association (1926)	Wisconsin Interscholastic Athletic Association (1920)
Iowa High School Athletic Association (1920)	North Carolina High School Athletic Association (1949)	Wyoming High School Activities Association (1936)
Kansas State High School Activities Association (1923)	North Dakota High School Activities Association (1923)	
Kentucky High School Athletic Association (1941)		

*Date in parentheses indicates the year the organization joined the NFHS.*



# PROFESSIONAL ORGANIZATIONS

## NFHS OFFICIALS ASSOCIATION

The NFHS Officials Association is open to high school contest officials and has approximately 130,000 members. Members receive exclusive online educational services, including searchable rules database, NFHS rules and mechanics video and animation, and articles on the NFHS website. Other benefits include \$1 million liability insurance, a national awards program and opportunity for service on NFHS rules committees.



## NFHS COACHES ASSOCIATION

The NFHS Coaches Association, with a membership of almost 30,000 high school coaches nationwide, offers \$1 million liability insurance, a national awards program, opportunity for service on NFHS rules committees, availability of NFHS case books and rules books online, as well as articles on the NFHS website.



## NFHS MUSIC ASSOCIATION

The NFHS Music Association aims to identify and meet the common needs of music educators who participate in, or sponsor, high school activities, which are an educational extension of the school music curriculum. Members receive the online NFHS Music Association Journal, as well as liability insurance, while acting in the capacity of school music director or music contest/festival adjudicator.



## NFHS SPEECH, DEBATE & THEATRE ASSOCIATION

The NFHS Speech, Debate & Theatre Association provides in-service training, shares information on coaching skills, assists state coordinators with development of programs and provides high school directors with opportunities for professional development. Members receive The Forensic Educator, as well as access to NFHS speech and debate publications and liability insurance, while acting in the capacity of a school speech, debate or theatre director/adjudicator.





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